



FOR IMMEDIATE RELEASE
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America's top young skiers arrive in Alaska for the 2019 U.S. Ski & Snowboard Cross Country Junior National Championships *Racing begins March 11, concludes March 16 at Kincaid Park*

ANCHORAGE, AK – More than 400 of America's best young cross-country skiers will compete for national titles at the 2019 U.S. Ski & Snowboard Cross Country Junior National Championships, which begin Monday, March 11, and continue through Saturday, March 16. All races take place at Kincaid Park.

The week of racing includes four events for young men and women: the individual freestyle (Monday, March 11), the classic sprint (Wednesday, March 13), the mass start classic (Friday, March 15), and the relay freestyle (Saturday, March 16). There are three racing divisions per gender – U20 (Ages 18-19), U18 (Ages 16-17) and U16 (Ages 14-15). The top American finisher in each race division will be crowned national champion. The top team will win the Alaska Cup.

More than 400 athletes and 100 coaches, countless parents and family members, and more than 200 volunteers join premier title sponsor ConocoPhillips Alaska and many other sponsors and organizations in fueling this year's event. There are 10 teams/divisions representing multiple states/regions at this year's event: host Team Alaska; defending Alaska Cup champs New England; Pacific Northwest; Far West; Rocky Mountain; Intermountain; Midwest; Great Lakes; High Plains; and Mid-Atlantic.

Junior Nationals come to Alaska in five-year rotations, splitting between Fairbanks and Anchorage: they last took place in Fairbanks in 2013 and in Anchorage in 2008.

Below is media-specific information to assist in covering the events, whether from Kincaid Park in Anchorage or from afar.

Events schedule: *All races at Kincaid Park; Alaska Standard times listed; schedule subject to change*

Monday, March 11: Individual freestyle

- U20/U18 boys, 10 a.m. start
- U16 boys, 11:30 a.m. start
- U20/U18 girls, 12:45 p.m. start
- U16 girls, 1:50 p.m. start

Wednesday, March 13: Classic sprints

- U20/U18 boys, 10 a.m. start; Finals: 1 p.m.
- U20/U18 girls, 10:45 a.m. start; Finals: 2:35 p.m.
- U16 boys, 11:25 a.m. start; Finals: 4:15 p.m.
- U16 girls, 11:50 a.m. start; Finals: 4:15 p.m.



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Friday, March 15: Mass start classic

- U20 girls, 10 a.m. start
- U20 boys, 10:55 a.m. start
- U18 girls, 12:05 p.m. start
- U18 boys, 1:05 p.m. start
- U16 girls, 1:55 p.m. start
- U16 boys, 2:30 p.m. start

Saturday, March 16: Relay freestyle

- U16 boys, 10 a.m. start
- U16 girls, 11 a.m. start
- U20/U18 girls, noon start
- U20/U18 boys, 1 p.m. start

- **Find a full schedule** – race days and off-days – at www.juniornationalsxc2019.com/event-info/. Event course maps are available at www.juniornationalsxc2019.com/course-maps/.
- **The races will be livestreamed** at www.facebook.com/usskiandsnowboard by U.S. Ski & Snowboard and will be shared on www.facebook.com/xcjrnats2019.
- **Results from every race** will be posted in real time at www.superiortiming.com/2019/03/us-cross-country-junior-nationals-2019/, and later at www.juniornationalsxc2019.com/results-media/ and www.facebook.com/xcjrnats2019.
- **A race day recap press release** will be sent to media at the end of each race day. The releases will include quotes, photos and more. On non-race days, additional news and updates will be sent in media advisories or posted on social media, as appropriate.
- **A complete event program**, which includes team rosters and race course maps, is available on PDF at www.juniornationalsxc2019.com/event-info/ and in hard copies in limited number at Kincaid Park. Racer registration is available at www.superiortiming.com/2019/03/us-cross-country-junior-nationals-2019/.
- There are **media working areas** with electricity and internet access available upstairs in the Kincaid Park chalet. If working media has questions or needs, please contact Josh Niva, Chief of Media, at nordicskiereditor@gmail.com or (907) 301-5287.

For more event, race, team and athlete information, bookmark www.juniornationalsxc2019.com and www.facebook.com/xcjrnats2019.



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