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### **West Yellowstone Fall Training Camp - Ski with a Pro Registration Now Open for Yellowstone Ski Festival Clinics**

Come and join our professional coaching staff to get a "jump start" on your 2017 - 2018 ski season during the Yellowstone Ski Festival. The staff provides a solid understanding of technique, and gives you tools and drills to gain efficiency and strength at the camp and throughout your ski season. The coaching staff is composed of an elite group of XC ski professionals which includes retired world class skiers, coaches and professional instructors.

Coaches will rotate through groups every ½ day session so you will get exposure to different coaches throughout your clinic. The coaches think snow and skiing just about year round, and are ready to give you just the tips and techniques you need to launch your season with the best focus for you.

This is no stand-around-and-learn kind of deal either. The coaches know that the best way ingrain effective movement is through practice. Plan on logging some k's. You'll also get feedback, in the dose that's right for you. While some just need a new focus and mileage, others benefit from a more consistent stream of information about whether and how much they're performing the task to the desired degree. The coaches know how to pace the flow of information, and offer up a great balance of new information, drills, and practice.

Not only will you get great instruction and a fitness bump for skiing 1, 2, 3 or 5 days, but you'll be immersed in a touchstone event for the cross country ski culture, with on snow demos, an indoor expo and lectures in the evening. Event organizers bring in a keynote lecture to entertain and inspire. There's even sessions called Women, Wine and Wax or Whiskers, Whiskey and Wax.

Some of the special offerings include:

- 5 and 3-Day Skate & Classic Technique for Performance (all levels)
- 3-Day Skate & Classic Camp for Master Racers
- 2-Day Skate & Classic Tune-up
- 2 and 1-Day Improve Your Skate Technique
- 1-Day Improve Your Classic Technique
- 1-Day Classic Touring (new to Nordic skiing)
- 1-Day Learn to Skate Ski
- 1-day USSA Level 100 Coaching Certification Technique Clinic

Enjoy your First Tracks in West Yellowstone. Whether First Tracks truly means the corduroy and you, or it is the first time on skis this season, or the first time on skis period; you are invited to take them at the Yellowstone Ski Festival. Think Snow and make plans now to attend the 2017 Yellowstone Ski Festival. For more information, visit <http://www.skirunbikemt.com/yellowstone-ski-festival> and follow westyellxcski on Twitter, or friend Yellowstone Ski Fest on Facebook for up-to-minute news.