

Girls Varsity and JV Results

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	12	9	Anna Ruessler	Grand Rapids	V	2:02:00	2:22:10	0:20:10
2	11	34	Stephanie LaFrance	East	V	2:08:15	2:29:04	0:20:49
3	10	31	Ingrid Fjeldheim	East	V	2:07:30	2:28:29	0:20:59
4	9	30	Kalie Mix	Grand Rapids	V	2:07:15	2:28:33	0:21:18
5	8	25	Addie Byrne	Grand Rapids	V	2:06:00	2:27:24	0:21:24
6	7	15	Sara Gaalaas	Grand Rapids	V	2:03:30	2:25:44	0:22:14
7	6	4	Bria Kask	East	V	2:00:45	2:23:00	0:22:15
8	5	26	Ericka Sell	East	V	2:06:15	2:28:34	0:22:19
9		13	Becky Cook	CEC	V	2:03:00	2:25:35	0:22:35
10		17	Kristina Ekman	Mesabi East	V	2:04:00	2:26:57	0:22:57
11		28	Kristin Eklin	Grand Rapids	V	2:06:45	2:29:57	0:23:12
12		32	Laura Schnell	Grand Rapids	JV	2:07:45	2:31:02	0:23:17
13		19	Caroline Lund	East	V	2:04:30	2:27:57	0:23:27
14		14	Nelli Adams	East	V	2:03:15	2:26:42	0:23:27
15		58	Hillary Boyce	East	JV	2:14:15	2:37:55	0:23:40
16		24	Laura Holien	Mesabi East	V	2:05:45	2:29:43	0:23:58
17		62	Marian Lund	East	JV	2:15:15	2:39:25	0:24:10
18		45	Christina Janssen	East	JV	2:11:00	2:35:18	0:24:18
19		5	Teresa Moore	Marshall	V	2:01:00	2:25:24	0:24:24
20		27	Sarah Johnson	Marshall	V	2:06:30	2:31:02	0:24:32
21		3	Theresa Weber	Denfeld	V	2:00:30	2:25:05	0:24:35
22		65	Katie Ouellette	East	JV	2:16:00	2:40:37	0:24:37
23		22	Amanda Norbie	CEC	V	2:05:15	2:30:00	0:24:45
24		40	Amelia Black	East	JV	2:09:45	2:34:40	0:24:55
25		11	Kira Peterson	Two Harbors	V	2:02:30	2:27:42	0:25:12
26		12	Cassie Wirth	Denfeld	V	2:02:45	2:28:11	0:25:26
27		73	Megan Crain	East	JV	2:18:00	2:43:29	0:25:29
28		49	Neysa Granholm	CEC	JV	2:12:00	2:37:41	0:25:41
29	4	23	Cassie Roper	Proctor	V	2:05:30	2:31:12	0:25:42
30		47	Ellen Liebe	Grand Rapids	JV	2:11:30	2:37:25	0:25:55
31		2	Megan Matson	CEC	V	2:00:15	2:26:27	0:26:12
32		48	Petra Hagberg	Mesabi East	JV	2:11:45	2:37:58	0:26:13
33	3	7	Beth Flesvig	Proctor	V	2:01:30	2:27:43	0:26:13
34	2	18	Claire Murphy	Proctor	V	2:04:15	2:30:43	0:26:28
35		69	Alice Brandt	East	JV	2:17:00	2:43:32	0:26:32
36		20	Heaven Flemming	Grand Rapids	JV	2:04:45	2:31:17	0:26:32
37		21	Laura Hoganson	Grand Rapids	JV	2:05:00	2:31:45	0:26:45
38		68	Sarah O'Connor	East	JV	2:16:45	2:43:47	0:27:02
39		67	Liz Whiteman	East	JV	2:16:30	2:43:49	0:27:19
40		46	Mindy Drotts	Deer River	JV	2:11:15	2:38:43	0:27:28
41		29	Raynee Degrio	Grand Rapids	V	2:07:00	2:34:38	0:27:38
42		38	Amy Keman	Mesabi East	JV	2:09:15	2:37:10	0:27:55
43		59	Kelly Kjorlin	Grand Rapids	JV	2:14:30	2:42:33	0:28:03
44		33	Essa Novak	Mesabi East	V	2:08:00	2:36:18	0:28:18
45		8	Kate Lundell	Two Harbors	V	2:01:45	2:30:20	0:28:35
46		52	Haley Whaley	Two Harbors	JV	2:12:45	2:41:22	0:28:37
47		75	Eleanor Brandt	East	JV	2:18:30	2:47:27	0:28:57
48		55	Emily Krulc	Mesabi East	JV	2:13:30	2:42:40	0:29:10
49	1	10	Marti Kiesling	Proctor	V	2:02:15	2:31:30	0:29:15
50		74	Annie Opseth	East	JV	2:18:15	2:47:44	0:29:29
51		1	Libby Lemaster	Central	V	2:00:00	2:29:45	0:29:45
52		44	Leah Palmquist	CEC	JV	2:10:45	2:40:36	0:29:51
53		36	Lynn Wistrom	Two Harbors	JV	2:08:45	2:38:42	0:29:57
54		50	Morgan Chumich	Denfeld	JV	2:12:15	2:42:15	0:30:00
55		43	Gina Nett	Grand Rapids	JV	2:10:30	2:40:59	0:30:29
56		51	Katie O'Riely	Proctor	JV	2:12:30	2:43:10	0:30:40
57		56	Michelle Tangness	Deer River	JV	2:13:45	2:44:43	0:30:58
58		57	Elise Whaley	Two Harbors	JV	2:14:00	2:45:22	0:31:22

59	42	Ashlea Grife	Deer River	JV	2:10:15	2:41:46	0:31:31
60	70	Katie Tholke	East	JV	2:17:15	2:49:11	0:31:56
61	53	Sam Pritchard	Denfeld	JV	2:13:00	2:45:50	0:32:50
62	16	Julie Cashin	Central	V	2:03:45	2:36:55	0:33:10
63	71	Clara Goellner	East	JV	2:17:30	2:50:41	0:33:11
64	35	Sophie Lafond	Central	V	2:08:30	2:41:41	0:33:11
65	63	Katie Ringer	Two Harbors	JV	2:15:30	2:49:25	0:33:55
66	66	Annika Weller	East	JV	2:16:15	2:50:15	0:34:00
67	41	Steph Coleman	Denfeld	JV	2:10:00	2:44:26	0:34:26
68	61	Katie Smart	Denfeld	JV	2:15:00	2:50:45	0:35:45
69	60	Kaylina Paulley	Deer River	JV	2:14:45	2:53:06	0:38:21
70	39	Marcy McNichols	Grand Rapids	JV	2:09:30	2:49:20	0:39:50
	6	Emily Davis	Mesabi East	V	2:01:15	DNF	#VALUE!

Boys Varsity and JV Results

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	24	123	Joe Tofte	East	V	3:05:30	3:24:02	0:18:32
2	23	122	Nick Maki	Mesabi East	V	3:05:15	3:24:21	0:19:06
3	22	101	Joe Weber	Denfeld	V	3:00:00	3:19:12	0:19:12
4	21	117	Chase Caywood	CEC	V	3:04:00	3:23:22	0:19:22
5	20	114	Will Mitchell	East	V	3:03:15	3:22:46	0:19:31
6	19	183	Grant Cook	East	JV	3:20:30	3:40:16	0:19:46
7	18	104	James Larson	East	V	3:00:45	3:20:45	0:20:00
8		124	Tony Nixon	Two Harbors	V	3:05:45	3:25:51	0:20:06
9	17	112	Dan Zamlen	Mesabi East	V	3:02:45	3:23:01	0:20:16
10		131	Adam Karges	Grand Rapids	V	3:07:30	3:27:47	0:20:17
11	16	120	Paul Quiram	CEC	V	3:04:45	3:25:09	0:20:24
12	15	109	Paul Moores	CEC	V	3:02:00	3:22:26	0:20:26
13		128	Chris Choquette	East	V	3:06:45	3:27:12	0:20:27
14		141	Karis Jones	East	V	3:10:00	3:30:30	0:20:30
15	14	108	Karl Carter	Mesabi East	V	3:01:45	3:22:16	0:20:31
16		155	Gus Downs	East	JV	3:13:30	3:34:16	0:20:46
17		175	Dan Rosen	East	JV	3:18:30	3:39:22	0:20:52
18		172	Cam Mitchell	East	JV	3:17:45	3:38:38	0:20:53
19		118	Ilari Turtinen	Grand Rapids	V	3:04:15	3:25:11	0:20:56
20	13	119	Peter Espenson	Denfeld	V	3:04:30	3:25:27	0:20:57
21	12	136	Keith Linne'	Proctor	V	3:08:45	3:29:43	0:20:58
22		134	Tim LaBerge	East	V	3:08:15	3:29:16	0:21:01
23		132	Andy Holien	Mesabi East	V	3:07:45	3:28:46	0:21:01
24	11	127	Tyler Houghton	Proctor	V	3:06:30	3:27:34	0:21:04
25		133	Kirk Gilbertson	Grand Rapids	V	3:08:00	3:29:12	0:21:12
26	10	135	Luke Novak	Mesabi East	V	3:08:30	3:29:54	0:21:24
27	9	116	Joe Fisketti	Central	V	3:03:45	3:25:11	0:21:26
28		110	Sam MacEneany	Two Harbors	V	3:02:15	3:23:57	0:21:42
29	8	142	Jared Sundstrom	Proctor	V	3:10:15	3:31:58	0:21:43
30	7	105	John Bradshaw	Central	V	3:01:00	3:22:55	0:21:55
31	6	415	Joe Marana	Denfeld	V	3:03:30	3:25:27	0:21:57
32		181	Jake Tideman	East	JV	3:20:00	3:42:18	0:22:18
33	5	138	Matt Palmquist	CEC	V	3:09:15	3:31:33	0:22:18
34		163	Bryan Dyer	East	JV	3:15:30	3:37:50	0:22:20
35		106	Mitch Drotts	Deer River	V	3:01:15	3:23:44	0:22:29
36		103	Marty Halvorson	Marshall	V	3:00:30	3:22:59	0:22:29
37		113	Fred Sproat	Marshall	V	3:03:00	3:25:31	0:22:31
38	4	125	Corey Donofrio	Proctor	V	3:06:00	3:28:58	0:22:58
39	3	139	Nate Ward	Denfeld	V	3:09:30	3:32:32	0:23:02
40		153	Eric Schwerdt	Proctor	JV	3:13:00	3:36:04	0:23:04
41		102	Jamie Merril	Two Harbors	V	3:00:15	3:23:28	0:23:13
42		158	Alex Aili	CEC	JV	3:14:15	3:37:50	0:23:35
43		195	Erik Rupert	Independent	JV	3:23:30	3:47:07	0:23:37
44		147	Mike Wilde	Grand Rapids	JV	3:11:30	3:35:27	0:23:57
45		157	Jake Baxter	Mesabi East	JV	3:14:00	3:38:00	0:24:00
46		149	Dan Schield	Two Harbors	JV	3:12:00	3:36:00	0:24:00
47		144	Raymond Zylka	Denfeld	JV	3:10:45	3:34:58	0:24:13
48		107	Trevor Tack	Proctor	V	3:01:30	3:25:50	0:24:20
49		165	Chris Plagemann	Two Harbors	JV	3:16:00	3:40:28	0:24:28
50		129	Jamie Kallestad	CEC	V	3:07:00	3:31:30	0:24:30
51		145	Andrew Ekman	Mesabi East	JV	3:11:00	3:35:38	0:24:38
52		126	Max Strand	Denfeld	V	3:06:15	3:31:00	0:24:45
53		192	Mark Ostrander	Proctor	JV	3:22:45	3:47:41	0:24:56
54		150	Brandon Scherf	Grand Rapids	JV	3:12:15	3:37:19	0:25:04
55		161	Tanner Sowers	Mesabi East	JV	3:15:00	3:40:12	0:25:12
56		166	Brandon Ojutkangas	CEC	JV	3:16:15	3:41:29	0:25:14
57		171	Taylor Nordvall	CEC	JV	3:17:30	3:42:48	0:25:18

58		185	Jon Anderson	East	JV	3:21:00	3:46:30	0:25:30
59	2	130	Aaron Meyers	Central	V	3:07:15	3:32:54	0:25:39
60		194	Ben Welch	Proctor	JV	3:23:15	3:49:12	0:25:57
61	1	137	Alex Sphehar	Central	V	3:09:00	3:34:59	0:25:59
62		173	Mike Beattie	Proctor	JV	3:18:00	3:44:07	0:26:07
63		143	Matt Larson	Central	JV	3:10:30	3:36:58	0:26:28
64		169	Joe Salowitz	Two Harbors	JV	3:17:00	3:43:55	0:26:55
65		186	Justin Anderson	Proctor	JV	3:21:15	3:48:12	0:26:57
66		246	Skylar Barton	Deer River	JV	3:11:15	3:38:33	0:27:18
67		188	Luke Beckwith	Proctor	JV	3:21:45	3:49:19	0:27:34
68		156	Bob Carter	Grand Rapids	JV	3:13:45	3:41:37	0:27:52
69		178	Jon Podgornick	Proctor	JV	3:19:15	3:47:21	0:28:06
70		162	Cyrus Beckwith	Proctor	JV	3:15:15	3:43:32	0:28:17
71		168	Gage Rossbach	Deer River	JV	3:16:45	3:45:31	0:28:46
72		152	Joel Hinnenkamp	Denfeld	JV	3:12:45	3:41:43	0:28:58
73		160	Dale Cook	Deer River	JV	3:14:45	3:43:44	0:28:59
74		154	Toon Pooviprom	Two Harbors	JV	3:13:15	3:42:58	0:29:43
75		176	Jeremy McKay	Proctor	JV	3:18:45	3:48:29	0:29:44
76		190	Brian Mackereth	Proctor	JV	3:22:15	3:52:40	0:30:25
77		187	Derek Baker	Proctor	JV	3:21:30	3:52:42	0:31:12
78		184	Rocket Robertson	Proctor	JV	3:20:45	3:52:17	0:31:32
79		151	Kevin Thies	Grand Rapids	JV	3:12:30	3:46:21	0:33:51
80		180	William Jezierski	Two Harbors	JV	3:19:45	3:53:37	0:33:52
81		182	Tom Westman	Central	JV	3:20:15	3:54:13	0:33:58
82		159	Lawrence Dwyer	Central	JV	3:14:30	3:51:03	0:36:33
83		191	David Maki	Proctor	JV	3:22:30	4:04:58	0:42:28
		138	Matt Palmquist	CEC	V	3:09:15	DNF	#VALUE!
		121	Bryan Karban	Central	V	3:05:00	DNS	#VALUE!
		140	Dan Gunderson	Central	V	3:09:45	DNS	#VALUE!
		167	Ian Theis	Central	JV	3:16:30	DNS	#VALUE!
		170	Yoshiyuki Orihara	Central	JV	3:17:15	DNS	#VALUE!
		174	Jules Ameel	Central	JV	3:18:15	DNS	#VALUE!
		179	Chad Martin	Central	JV	3:19:30	DNS	#VALUE!
		111	Andy Jackson	Proctor	V	3:02:30	DNS	#VALUE!
		148	Reeve Heinis	Proctor	JV	3:11:45	DNS	#VALUE!
		189	Brandon Kitto	Proctor	JV	3:22:00	DNF	#VALUE!
		177	Matt Widen	Two Harbors	JV	3:19:00	DNS	#VALUE!

Girls Jr. High Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	202	Lydia Jacobs	Marshall	4:00:15	4:11:08	0:10:53
2	223	Annika Vanenlende	Grand Rapids	4:05:30	4:16:55	0:11:25
3	208	Kaila Carpenter	Two Harbors	4:01:45	4:13:10	0:11:25
4	210	Sarah Allen	East	4:02:15	4:13:53	0:11:38
5	215	Emma Carter	Mesabi East	4:03:30	4:15:15	0:11:45
6	225	Amber Fletcher	Two Harbors	4:06:00	4:17:48	0:11:48
7	214	Megan Allen	East	4:03:15	4:15:04	0:11:49
8	207	Emily Matuseski	Marshall	4:01:30	4:13:21	0:11:51
9	205	Kasey Cable	Two Harbors	4:01:00	4:13:07	0:12:07
10	220	Chloe Dryke	East	4:04:45	4:17:24	0:12:39
11	201	Andrea Zamlen	Mesabi East	4:00:00	4:12:54	0:12:54
12	213	Luciana Ranelli	East	4:03:00	4:16:00	0:13:00
13	206	Natalie Walker	Mesabi East	4:01:15	4:14:32	0:13:17
14	212	Dana Hovland	Marshall	4:02:45	4:16:03	0:13:18
15	209	Katelyn Bauman	Mesabi East	4:02:00	4:15:20	0:13:20
16	211	Sonja Wilson	Two Harbors	4:02:30	4:15:53	0:13:23
17	222	Amy Imberg	Mesabi East	4:05:15	4:18:39	0:13:24
18	224	Charlotte Montgomery	Two Harbors	4:05:45	4:19:29	0:13:44
19	221	Molly Berkeland	Grand Rapids	4:05:00	4:19:05	0:14:05
20	203	Ali Greene	Proctor	4:00:30	4:14:40	0:14:10
21	216	Brittany Seeber	Two Harbors	4:03:45	4:17:59	0:14:14
22	226	Lindsay Aijala	Two Harbors	4:06:15	4:21:09	0:14:54
23	219	Kari Nelson	Two Harbors	4:04:30	4:20:23	0:15:53
24	218	Tessa Wagner	Mesabi East	4:04:15	4:21:23	0:17:08
25	204	Maddy Carpenter	East	4:00:45	4:18:12	0:17:27
26	217	Haley Robinson	Marshall	4:04:00	4:27:26	0:23:26

Boys Jr. High Results

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	258	Leif Gilsvik	Two Harbors	4:08:15	4:17:45	0:09:30
2	255	Sam Cook	CEC	4:07:30	4:17:01	0:09:31
3	266	Shawn Witta	Proctor	4:10:15	4:20:38	0:10:23
4	267	Sam Holmes	Mesabi East	4:10:30	4:20:59	0:10:29
5	269	Owen Downs	East	4:11:00	4:21:37	0:10:37
6	275	Carl Liebe	Grand Rapids	4:12:30	4:23:19	0:10:49
7	271	Alex Goebel	CEC	4:11:30	4:22:22	0:10:52
8	251	Addison Hendricks	Mesabi East	4:06:30	4:17:23	0:10:53
9	274	Karl Palm	East	4:12:15	4:23:14	0:10:59
10	254	Mike Powers	Proctor	4:07:15	4:18:21	0:11:06
11	257	John Stingle	East	4:08:00	4:19:11	0:11:11
12	262	Travis Tesser	Proctor	4:09:15	4:20:35	0:11:20
13	253	Tony Squillace	East	4:07:00	4:18:20	0:11:20
14	277	Sam DeVries	Mesabi East	4:13:00	4:24:26	0:11:26
15	264	Bryan Lundgren	Denfeld	4:09:45	4:21:15	0:11:30
16	256	Colton Allen	Central	4:07:45	4:19:38	0:11:53
17	261	Tim Garay	CEC	4:09:00	4:20:56	0:11:56
18	276	Peter Whiteman	East	4:12:45	4:24:42	0:11:57
19	263	Aaron Holbeck	Two Harbors	4:09:30	4:21:31	0:12:01
20	259	Ryan Streit	Mesabi East	4:08:30	4:20:46	0:12:16
21	279	Micheal Hagley	Grand Rapids	4:13:30	4:25:48	0:12:18
22	252	Sam Salo	Grand Rapids	4:14:00	4:26:21	0:12:21
23	260	Jacob Marsh	Central	4:08:45	4:22:43	0:13:58
24	273	Jim Pashett	Mesabi East	4:12:00	4:26:02	0:14:02
25	280	Jace Gilbertson	Grand Rapids	4:13:45	4:27:54	0:14:09
26	278	Mike Wagner	Mesabi East	4:13:15	4:27:27	0:14:12
27	265	Casey Goodge	East	4:10:00	4:25:06	0:15:06
	268	Nils Hellekant	Central	4:10:45	DNS	#VALUE!

Girls Varsity and JV Results by Team

1st Place-

Grand Rapids- Score: 36

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	12	9	Anna Ruessler	Grand Rapids	V	2:02:00	2:22:10	0:20:10
4	9	30	Kalie Mix	Grand Rapids	V	2:07:15	2:28:33	0:21:18
5	8	25	Addie Byrne	Grand Rapids	V	2:06:00	2:27:24	0:21:24
6	7	15	Sara Gaalaas	Grand Rapids	V	2:03:30	2:25:44	0:22:14
11		28	Kristin Eklin	Grand Rapids	V	2:06:45	2:29:57	0:23:12
12		32	Laura Schnell	Grand Rapids	JV	2:07:45	2:31:02	0:23:17
30		47	Ellen Liebe	Grand Rapids	JV	2:11:30	2:37:25	0:25:55
36		20	Heaven Flemming	Grand Rapids	JV	2:04:45	2:31:17	0:26:32
37		21	Laura Hoganson	Grand Rapids	JV	2:05:00	2:31:45	0:26:45
41		29	Raynee Degrio	Grand Rapids	V	2:07:00	2:34:38	0:27:38
43		59	Kelly Kjorlin	Grand Rapids	JV	2:14:30	2:42:33	0:28:03
55		43	Gina Nett	Grand Rapids	JV	2:10:30	2:40:59	0:30:29
70		39	Marcy McNichols	Grand Rapids	JV	2:09:30	2:49:20	0:39:50

2nd Place-

East- Score: 32

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
2	11	34	Stephanie LaFrance	East	V	2:08:15	2:29:04	0:20:49
3	10	31	Ingrid Fjeldheim	East	V	2:07:30	2:28:29	0:20:59
7	6	4	Bria Kask	East	V	2:00:45	2:23:00	0:22:15
8	5	26	Ericka Sell	East	V	2:06:15	2:28:34	0:22:19
13		19	Caroline Lund	East	V	2:04:30	2:27:57	0:23:27
14		14	Nelli Adams	East	V	2:03:15	2:26:42	0:23:27
15		58	Hillary Boyce	East	JV	2:14:15	2:37:55	0:23:40
17		62	Marian Lund	East	JV	2:15:15	2:39:25	0:24:10
18		45	Christina Janssen	East	JV	2:11:00	2:35:18	0:24:18
22		65	Katie Ouellette	East	JV	2:16:00	2:40:37	0:24:37
24		40	Amelia Black	East	JV	2:09:45	2:34:40	0:24:55
27		73	Megan Crain	East	JV	2:18:00	2:43:29	0:25:29
35		69	Alice Brandt	East	JV	2:17:00	2:43:32	0:26:32
38		68	Sarah O'Connor	East	JV	2:16:45	2:43:47	0:27:02
39		67	Liz Whiteman	East	JV	2:16:30	2:43:49	0:27:19
47		75	Eleanor Brandt	East	JV	2:18:30	2:47:27	0:28:57
50		74	Annie Opseth	East	JV	2:18:15	2:47:44	0:29:29
60		70	Katie Tholke	East	JV	2:17:15	2:49:11	0:31:56
63		71	Clara Goellner	East	JV	2:17:30	2:50:41	0:33:11
66		66	Annika Weller	East	JV	2:16:15	2:50:15	0:34:00

3rd Place-

Proctor- Score: 10

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
29	4	23	Cassie Roper	Proctor	V	2:05:30	2:31:12	0:25:42
33	3	7	Beth Flesvig	Proctor	V	2:01:30	2:27:43	0:26:13
34	2	18	Claire Murphy	Proctor	V	2:04:15	2:30:43	0:26:28
49	1	10	Marti Kiesling	Proctor	V	2:02:15	2:31:30	0:29:15
56		51	Katie O'Riely	Proctor	JV	2:12:30	2:43:10	0:30:40

CEC- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
9		13	Becky Cook	CEC	V	2:03:00	2:25:35	0:22:35
23		22	Amanda Norbie	CEC	V	2:05:15	2:30:00	0:24:45
28		49	Neysa Granholm	CEC	JV	2:12:00	2:37:41	0:25:41
31		2	Megan Matson	CEC	V	2:00:15	2:26:27	0:26:12
52		44	Leah Palmquist	CEC	JV	2:10:45	2:40:36	0:29:51

Central- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
51		1	Libby Lemaster	Central	V	2:00:00	2:29:45	0:29:45
62		16	Julie Cashin	Central	V	2:03:45	2:36:55	0:33:10
64		35	Sophie Lafond	Central	V	2:08:30	2:41:41	0:33:11

Deer River- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
40		46	Mindy Drotts	Deer River	JV	2:11:15	2:38:43	0:27:28
57		56	Michelle Tangness	Deer River	JV	2:13:45	2:44:43	0:30:58
59		42	Ashlea Grife	Deer River	JV	2:10:15	2:41:46	0:31:31
69		60	Kaylina Paulley	Deer River	JV	2:14:45	2:53:06	0:38:21

Denfeld- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
21		3	Theresa Weber	Denfeld	V	2:00:30	2:25:05	0:24:35
26		12	Cassie Wirth	Denfeld	V	2:02:45	2:28:11	0:25:26
54		50	Morgan Chumich	Denfeld	JV	2:12:15	2:42:15	0:30:00
61		53	Sam Pritchard	Denfeld	JV	2:13:00	2:45:50	0:32:50
67		41	Steph Coleman	Denfeld	JV	2:10:00	2:44:26	0:34:26
68		61	Katie Smart	Denfeld	JV	2:15:00	2:50:45	0:35:45

Marshall- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
19		5	Teresa Moore	Marshall	V	2:01:00	2:25:24	0:24:24
20		27	Sarah Johnson	Marshall	V	2:06:30	2:31:02	0:24:32

Mesabi East- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
10		17	Kristina Ekman	Mesabi East	V	2:04:00	2:26:57	0:22:57
16		24	Laura Holien	Mesabi East	V	2:05:45	2:29:43	0:23:58
32		48	Petra Hagberg	Mesabi East	JV	2:11:45	2:37:58	0:26:13
42		38	Amy Keman	Mesabi East	JV	2:09:15	2:37:10	0:27:55
44		33	Essa Novak	Mesabi East	V	2:08:00	2:36:18	0:28:18
48		55	Emily Krulc	Mesabi East	JV	2:13:30	2:42:40	0:29:10
		6	Emily Davis	Mesabi East	V	2:01:15	DNF	#VALUE!

Two Harbors- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
25		11	Kira Peterson	Two Harbors	V	2:02:30	2:27:42	0:25:12
45		8	Kate Lundell	Two Harbors	V	2:01:45	2:30:20	0:28:35
46		52	Haley Whaley	Two Harbors	JV	2:12:45	2:41:22	0:28:37
53		36	Lynn Wistrom	Two Harbors	JV	2:08:45	2:38:42	0:29:57
58		57	Elise Whaley	Two Harbors	JV	2:14:00	2:45:22	0:31:22
65		63	Katie Ringer	Two Harbors	JV	2:15:30	2:49:25	0:33:55

Boys Varsity and JV Results

1st Place-

East- Score: 81

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
1	24	123	Joe Tofte	East	V	3:05:30	3:24:02	0:18:32
5	20	114	Will Mitchell	East	V	3:03:15	3:22:46	0:19:31
6	19	183	Grant Cook	East	JV	3:20:30	3:40:16	0:19:46
7	18	104	James Larson	East	V	3:00:45	3:20:45	0:20:00
13		128	Chris Choquette	East	V	3:06:45	3:27:12	0:20:27
14		141	Karis Jones	East	V	3:10:00	3:30:30	0:20:30
16		155	Gus Downs	East	JV	3:13:30	3:34:16	0:20:46
17		175	Dan Rosen	East	JV	3:18:30	3:39:22	0:20:52
18		172	Cam Mitchell	East	JV	3:17:45	3:38:38	0:20:53
22		134	Tim LaBerge	East	V	3:08:15	3:29:16	0:21:01
32		181	Jake Tideman	East	JV	3:20:00	3:42:18	0:22:18
34		163	Bryan Dyer	East	JV	3:15:30	3:37:50	0:22:20
58		185	Jon Anderson	East	JV	3:21:00	3:46:30	0:25:30

2nd Place-

Mesabi East- Score: 64

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
2	23	122	Nick Maki	Mesabi East	V	3:05:15	3:24:21	0:19:06
9	17	112	Dan Zamlen	Mesabi East	V	3:02:45	3:23:01	0:20:16
15	14	108	Karl Carter	Mesabi East	V	3:01:45	3:22:16	0:20:31
23		132	Andy Holien	Mesabi East	V	3:07:45	3:28:46	0:21:01
26	10	135	Luke Novak	Mesabi East	V	3:08:30	3:29:54	0:21:24
45		157	Jake Baxter	Mesabi East	JV	3:14:00	3:38:00	0:24:00
51		145	Andrew Ekman	Mesabi East	JV	3:11:00	3:35:38	0:24:38
55		161	Tanner Sowers	Mesabi East	JV	3:15:00	3:40:12	0:25:12

3rd Place-

CEC- Score: 57

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
4	21	117	Chase Caywood	CEC	V	3:04:00	3:23:22	0:19:22
11	16	120	Paul Quiram	CEC	V	3:04:45	3:25:09	0:20:24
12	15	109	Paul Moores	CEC	V	3:02:00	3:22:26	0:20:26
33	5	138	Matt Palmquist	CEC	V	3:09:15	3:31:33	0:22:18
42		158	Alex Aili	CEC	JV	3:14:15	3:37:50	0:23:35
50		129	Jamie Kallestad	CEC	V	3:07:00	3:31:30	0:24:30
56		166	Brandon Ojutkangas	CEC	JV	3:16:15	3:41:29	0:25:14
57		171	Taylor Nordvall	CEC	JV	3:17:30	3:42:48	0:25:18
		138	Matt Palmquist	CEC	V	3:09:15	DNF	#VALUE!

4th Place-

Denfeld- Score: 44

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
3	22	101	Joe Weber	Denfeld	V	3:00:00	3:19:12	0:19:12
20	13	119	Peter Espenson	Denfeld	V	3:04:30	3:25:27	0:20:57
31	6	415	Joe Marana	Denfeld	V	3:03:30	3:25:27	0:21:57
39	3	139	Nate Ward	Denfeld	V	3:09:30	3:32:32	0:23:02
47		144	Raymond Zylka	Denfeld	JV	3:10:45	3:34:58	0:24:13
52		126	Max Strand	Denfeld	V	3:06:15	3:31:00	0:24:45
72		152	Joel Hinnenkamp	Denfeld	JV	3:12:45	3:41:43	0:28:58

5th Place-

Proctor- Score: 35

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
21	12	136	Keith Linne'	Proctor	V	3:08:45	3:29:43	0:20:58
24	11	127	Tyler Houghton	Proctor	V	3:06:30	3:27:34	0:21:04
29	8	142	Jared Sundstrom	Proctor	V	3:10:15	3:31:58	0:21:43
38	4	125	Corey Donofrio	Proctor	V	3:06:00	3:28:58	0:22:58
40		153	Eric Schwerdt	Proctor	JV	3:13:00	3:36:04	0:23:04
48		107	Trevor Tack	Proctor	V	3:01:30	3:25:50	0:24:20

53	192	Mark Ostrander	Proctor	JV	3:22:45	3:47:41	0:24:56
60	194	Ben Welch	Proctor	JV	3:23:15	3:49:12	0:25:57
62	173	Mike Beattie	Proctor	JV	3:18:00	3:44:07	0:26:07
65	186	Justin Anderson	Proctor	JV	3:21:15	3:48:12	0:26:57
67	188	Luke Beckwith	Proctor	JV	3:21:45	3:49:19	0:27:34
69	178	Jon Podgornick	Proctor	JV	3:19:15	3:47:21	0:28:06
70	162	Cyrus Beckwith	Proctor	JV	3:15:15	3:43:32	0:28:17
75	176	Jeremy McKay	Proctor	JV	3:18:45	3:48:29	0:29:44
76	190	Brian Mackereth	Proctor	JV	3:22:15	3:52:40	0:30:25
77	187	Derek Baker	Proctor	JV	3:21:30	3:52:42	0:31:12
78	184	Rocket Robertson	Proctor	JV	3:20:45	3:52:17	0:31:32
83	191	David Maki	Proctor	JV	3:22:30	4:04:58	0:42:28
	111	Andy Jackson	Proctor	V	3:02:30	DNS	#VALUE!
	148	Reeve Heinis	Proctor	JV	3:11:45	DNS	#VALUE!
	189	Brandon Kitto	Proctor	JV	3:22:00	DNF	#VALUE!

6th Place-

Central- Score: 19

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
27	9	116	Joe Fisketti	Central	V	3:03:45	3:25:11	0:21:26
30	7	105	John Bradshaw	Central	V	3:01:00	3:22:55	0:21:55
59	2	130	Aaron Meyers	Central	V	3:07:15	3:32:54	0:25:39
61	1	137	Alex Sphehar	Central	V	3:09:00	3:34:59	0:25:59
63		143	Matt Larson	Central	JV	3:10:30	3:36:58	0:26:28
81		182	Tom Westman	Central	JV	3:20:15	3:54:13	0:33:58
82		159	Lawrence Dwyer	Central	JV	3:14:30	3:51:03	0:36:33
		121	Bryan Karban	Central	V	3:05:00	DNS	#VALUE!
		140	Dan Gunderson	Central	V	3:09:45	DNS	#VALUE!
		167	Ian Theis	Central	JV	3:16:30	DNS	#VALUE!
		170	Yoshiyuki Orihara	Central	JV	3:17:15	DNS	#VALUE!
		174	Jules Ameel	Central	JV	3:18:15	DNS	#VALUE!
		179	Chad Martin	Central	JV	3:19:30	DNS	#VALUE!

Deer River- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
35		106	Mitch Drotts	Deer River	V	3:01:15	3:23:44	0:22:29
66		246	Skylar Barton	Deer River	JV	3:11:15	3:38:33	0:27:18
71		168	Gage Rossbach	Deer River	JV	3:16:45	3:45:31	0:28:46
73		160	Dale Cook	Deer River	JV	3:14:45	3:43:44	0:28:59

Grand Rapids- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
10		131	Adam Karges	Grand Rapids	V	3:07:30	3:27:47	0:20:17
19		118	Ilari Turtinen	Grand Rapids	V	3:04:15	3:25:11	0:20:56
25		133	Kirk Gilbertson	Grand Rapids	V	3:08:00	3:29:12	0:21:12
44		147	Mike Wilde	Grand Rapids	JV	3:11:30	3:35:27	0:23:57
54		150	Brandon Scherf	Grand Rapids	JV	3:12:15	3:37:19	0:25:04
68		156	Bob Carter	Grand Rapids	JV	3:13:45	3:41:37	0:27:52
79		151	Kevin Thies	Grand Rapids	JV	3:12:30	3:46:21	0:33:51

Marshall- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
36		103	Marty Halvorson	Marshall	V	3:00:30	3:22:59	0:22:29
37		113	Fred Sproat	Marshall	V	3:03:00	3:25:31	0:22:31

Two Harbors- Score: n/a

<u>Place</u>	<u>Points</u>	<u>Bib</u>	<u>Name</u>	<u>School</u>	<u>V/JV</u>	<u>Time Out</u>	<u>Time In</u>	<u>Elapsed Time</u>
8		124	Tony Nixon	Two Harbors	V	3:05:45	3:25:51	0:20:06
28		110	Sam MacEneany	Two Harbors	V	3:02:15	3:23:57	0:21:42
41		102	Jamie Merrill	Two Harbors	V	3:00:15	3:23:28	0:23:13
46		149	Dan Schield	Two Harbors	JV	3:12:00	3:36:00	0:24:00
49		165	Chris Plagemann	Two Harbors	JV	3:16:00	3:40:28	0:24:28
64		169	Joe Salowitz	Two Harbors	JV	3:17:00	3:43:55	0:26:55
74		154	Toon Poovipirom	Two Harbors	JV	3:13:15	3:42:58	0:29:43
80		180	William Jeziarski	Two Harbors	JV	3:19:45	3:53:37	0:33:52
		177	Matt Widen	Two Harbors	JV	3:19:00	DNS	#VALUE!