

2014 Section 8 Nordic Ski Meet

Date of Event: Tuesday February 4th 2014

Location of Meet: Maplelag Resort Callaway, MN (see included map)

Schedule of events:

Coach's Meeting: 9:00am

Boys Varsity: Freestyle 10:00am

Girls Varsity: Freestyle 11:00am

Boys Varsity: Classical 1:30pm

Girls Varsity: Classical 2:30pm

Awards Ceremony: Approximately 4:00 - 4:15

Starting Procedure:

The Freestyle Race will be an Interval Start with one skier departing every 15 seconds out of 2 start lanes. Odd numbers starting in the Left Lane and Even Numbers starting in the Right Lane.

Order of departure for the morning freestyle race has been determined by a list randomizer for each of the starting positions.

The Classical Race will be a Pursuit Start with 3 starting lanes. Each skier is responsible to know their departure time and start their race at the correct time. Gatekeepers will be at the starting line to ensure a skier does not leave early. Each starting lane will have a poster listing bib numbers and departure times. There will be a large display clock with the running race time.

Coaches will not be allowed at the starting line for any races and are not allowed to countdown the start for their skiers.

Each racer will be issued a cloth race bib for their race. The bibs will be collected sorted and reissued between the morning and afternoon races. The boys numbers will start at 101 and the girls numbers will start at 201 for each race.

Race Entry:

Attached is a 48-Hour Section Entry Card in an Excel document. This version is the easiest and the preferred way submit your entries. Worst case scenario you can use the word document found on the MSHSL website.

The official team shall consist of a maximum of 7 skiers and 2 alternates. Each skier must be listed with their grade in the order in which they are to start the freestyle race.

The 48-Hour Section Entry Card must be submitted before **midnight Saturday February 1st**. Completed entry cards must be emailed to both Emily Lanin pelanin@brainerd.net and Dan Josephson dan.josephson@yahoo.com

Timing, Scoring, and Tie-breaking procedures:

All timing will be to the second. Pursuit race places will be determined by the order in which the skier crosses the finish line. A skier must complete both races to receive team points. A skier must complete the first race in order to compete in the pursuit race. The first place skier will be assigned 100 team points and each subsequent finisher will be assigned one less point than the finisher ahead of them. The tie breaking procedure to determine the advancement to the state meet by an individual will be by a coin flip. The tie breaking procedure for team placing will be determined by adding the times of the top 4 pursuit skiers from each team. The fastest combined team time will win.

Jury: Brainerd, St. Cloud Cathedral, Alexandria. Alternates: Little Falls and Mora

Race Course:

The section race will be skied on two separate race courses. Included are maps of the 2 separate courses being used. The freestyle course will be roughly 4.7km in length. The classic course will be roughly 5.3km in length.

MSHSL State Tournament Program Team Photograph Deadline January 31st.

Please see the attached information for submitting a photograph. Your team photo will not be included in the state meet program if your team qualifies for the state meet and you missed the January 31st deadline.

Spectators:

Spectators are welcome to attend the races. Spectators are not allowed to ski on the course during the race. Once the race has started until the completion of the race spectators are asked to remove their skis while they watch the race. Spectators are not allowed to walk on the groomed ski trails.

Facilities:

Each team will have an area located in the lodge to prepare for the races. It has been requested the skiers remain in the basement of the lodge to limit the disruption to the daily operations of Maplelag. The coaches meeting and timing operations will be located on the main level of the lodge.

Questions or more information:

Dan Josephson: dan.josephson@yahoo.com (218) 841-4196 cell phone