

Bemidji Nordic Triangular						
Mt Itasca Winter Sports Center -- Coleraine, MN						
December 19th 2018						
Girls Varsity 5.4 KM Skate Race						
Place	Name	School		Time	Pace/km	Back
1	Kinley Prestegard	Bemidji		16:20	3:01	0:00
2	Gwendoline Youso	Bemidji		16:26	3:02	0:06
3	Demi Fisher	Bemidji		16:28	3:02	0:08
4	Lily Krona	Bemidji		17:00	3:08	0:40
5	Alyse Stone	Bemidji		17:50	3:18	1:30
6	Damaris Berg	Bemidji		17:53	3:18	1:33
7	Sarah Pollock	Bemidji		17:57	3:19	1:37
8	Katie Corbett	Little Falls		17:58	3:19	1:38
9	Camilla Johnson	Little Falls		18:27	3:25	2:07
10	Adrienne Kresha	Little Falls		18:41	3:27	2:21
11	Shanna Eberwine	Bemidji		19:14	3:33	2:54
12	Beth Ahlin	Little Falls		20:11	3:44	3:51
13	Maggie Brown	Bemidji		20:27	3:47	4:07
14	Martha Berg	Little Falls		20:49	3:51	4:29
	Team Score:					
1	Bemidji	394				
2	Little Falls	365				

Boys Varsity 5.4 KM Skate Race

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Pace/km</u>	<u>Back</u>
1	Logan Jensen	Bemidji	13:55	2:34	0:00
2	Nick Youso	Bemidji	13:56	2:34	0:01
3	Jackson Grant	Little Falls	14:07	2:36	0:12
4	Colton Yorek	Little Falls	14:12	2:37	0:17
5	Zac Skoe	Bemidji	14:14	2:38	0:19
6	Cormac Shanoff	Little Falls	15:10	2:48	1:15
7	Simon Park	Little Falls	15:34	2:52	1:39
8	Nathan Vleck	Bemidji	15:49	2:55	1:54
9	Connor Grant	Little Falls	16:03	2:58	2:08
10	Eli Segler	Little Falls	16:07	2:59	2:12
11	Cotlon Gotwalt	Little Falls	16:08	2:59	2:13
12	Riley Schollett	Bemidji	16:22	3:01	2:27
13	David Carlson	TrekNorth	17:22	3:12	3:27
14	Josh Godding	TrekNorth	18:27	3:25	4:32
15	Blake Bergeson	TrekNorth	19:04	3:31	5:09
16	Cade Hotzler	TrekNorth	20:16	3:45	6:21
Team Score:					
1	Bemidji	388			
2	Little Falls	384			
3	TrekNorth	346			

Girls JV 5.4 KM Skate Race

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Pace/km</u>	<u>Back</u>
1	Isabella Meyer	Bemidji	20:14	3:45	0:00
2	Madeline Simula	Bemidji	20:15	3:45	0:01
3	Cora Geerdes	Bemidji	22:09	4:06	1:55
4	Anna Renn	Bemidji	22:23	4:09	2:09
5	Abby Borash	Little Falls	23:05	4:16	2:51
6	Tori Gotwalt	Little Falls	23:35	4:22	3:21
7	Pamela Moen	Trek North	24:05	4:28	3:51
8	Emily Becker	Little Falls	25:32	4:44	5:18
9	Ellie Lozier	Little Falls	25:57	4:48	5:43
10	Sofia Sorenson	Trek North	27:14	5:03	7:00
11		Little Falls	30:16	5:36	10:02
12	Magnolia Macia	Trek North	36:40	6:47	16:26
13	Paloma Alonso-Carter	Trek North	DNF		

Boys JV 5.4 KM Skate Race						
Place	Name	School		Time	Pace/km	Back
1	Grant Yorek	Little Falls		17:05	3:10	0:00
2	Ethan Yorek	Little Falls		17:08	3:10	0:03
3	Cameron Carleton	Bemidji		17:20	3:13	0:15
4	Seth Lindgren	Bemidji		17:28	3:14	0:23
5	Brent Nistler	Bemidji		17:47	3:18	0:42
6	Aiden Hagen	Little Falls		18:25	3:25	1:20
7	Ethan Pollock	Bemidji		18:40	3:27	1:35
8	Hayden Hommes	Bemidji		19:04	3:32	1:59
9	Bryce Kondos	Bemidji		19:23	3:35	2:18
10	Kyle Dahl	Bemidji		19:29	3:36	2:24
11		Little Falls		19:37	3:38	2:32
12	Treyton Pearson	Bemidji		19:59	3:42	2:54
13		Little Falls		20:42	3:50	3:37
14	Jackson Cole	Bemidji		20:56	3:53	3:51
15	John McNallan	Bemidji		21:39	4:01	4:34
16	Linua Schicke	Trek North		22:13	4:07	5:08
17	Luca Bruening	Trek North		22:50	4:14	5:45
18	Alonso Alverez	Bemidji		23:52	4:25	6:47
19	Daniel Roberts	Bemidji		25:00	4:38	7:55