

Cowboy Nordic Duathlon
Long Lake Park -- July 9, 2005

2 mile run, 2.7 mile classic rollerski

<i>Name</i>	<i>Run</i>	<i>Ski</i>	<i>Total</i>
Mike McMahon	11:21	13:39	25:00
Nate Porath	11:49	13:42	25:31
Jim Vaillancourt	11:39	14:46	26:25
Chris McMahon	13:05	13:40	26:45
Kate Ceronsky	12:38	15:43	28:21
Brandon Pieochowski	13:34	17:28	31:02
Britta Lundberg	18:13	18:50	37:03

Runners Only

Nicole Petersen-Porath	12:03
Heidi Skildum	13:11