

LNR Afton Skate Interval Start Time Tria

39 degrees, windy, partly sunny

8km Valley Creek and Trading Post Course

**Men**

Name	Time Out	Time In	Finish
Jake Brown	0:03:00	0:22:52	0:19:52
Alex Nemeth	0:02:00	0:23:00	0:21:00
Garrett Beckrich	0:02:30	0:23:51	0:21:21
Alex Kelling	0:01:30	0:23:02	0:21:32
James Schneider	0:01:00	0:23:26	0:22:26
Victor Sparks	0:04:30	0:27:24	0:22:54
Charlie Reinhart	0:00:30	0:23:42	0:23:12
PJ Rubin	0:00:00	0:23:29	0:23:29
Luke McKinnon	0:07:00	0:30:58	0:23:58
Jack Meinert	0:06:30	0:31:41	0:25:11
Joe Lynch	0:03:30	0:28:49	0:25:19
Tommy Atwood	0:04:00	0:29:21	0:25:21
Matt Clarke	0:05:00	0:31:24	0:26:24
Soren Davidson	0:05:30	0:32:27	0:26:57
Matt Egger	0:06:00	0:33:08	0:27:08

Women

Name	Time Out	Time In	Finish
Sarah Olson	0:09:00	0:34:41	0:25:41
Emma Albrect	0:10:30	0:36:31	0:26:01
Luci Anderson	0:08:30	0:34:40	0:26:10
Rainey Baker	0:10:00	0:38:23	0:28:23
Sydney Peterson	0:11:00	0:40:27	0:29:27
Mae Barnes	0:09:30	0:39:35	0:30:05
Alexis Mullin	0:11:30		nsg