

Patiently waiting for the snow

gain helpful technical advice now, before its cold and dark

- Get a jump on the ski season. Learn QUICK, EASY and VALUABLE ski technique advice
- The fall is a great time to learn valuable ski technique. Don't let this opportunity pass you by!

Event sponsored by:



- Just \$5- don't miss out; reserve your spot today!
- Theodore Wirth Chalet: Mon, Oct 5 from 6-7:30pm
- Contact Hilary Patzer at 208.720.2570 or hilary@integrativehealthandtraining.com