



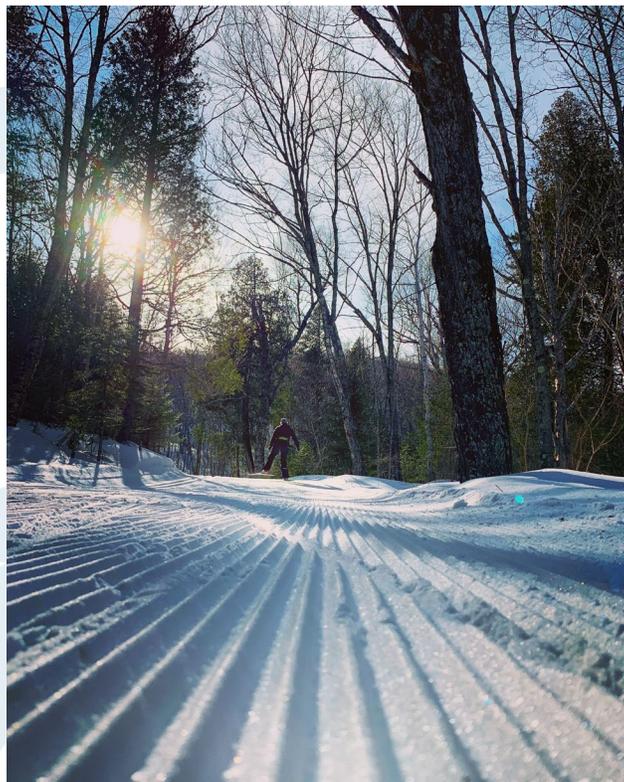
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FOR IMMEDIATE RELEASE

Say Hello to Sprinter, The Late Winter Season Offering the Best Cross-Country Skiing of the Year

March 8, 2021 - Cook County, Minn. — Cross-country ski season isn't over yet! Up north, in Minnesota's arrowhead region, the trails are still covered in snow, welcoming the best part of the cross-country ski season: late winter. Visit Cook County invites all levels of skiers to enjoy 400km of expertly groomed trails throughout March when the Sprinter season brings warmer days, cool nights, and the perfectly crystalized snow cross-country skiers know and love.

"Sprinter is a unique and incredible season up north – the daily freeze-thaw cycle doesn't happen everywhere, so it's a time to treasure," said Linda Jurek, Visit Cook County Executive Director. "Our trails are covered in ever-changing snow. It's frozen and fast in the morning and perfect for skate skiing. If you've never skied sugary snow like this before – head north and give it a try!"



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The area's extensive trails network is meticulously groomed with modern grooming equipment all season long, creating optimal conditions for the perfect ski in any weather. March tends to bring warmer and sunnier days that make cross-country skiing all the more fun. Additionally, Sprinter's freeze-thaw cycle also gets the maple sap flowing, so the sugaring season is in full swing. Be sure to pick up a few jars of [locally made maple syrup](#) to bring home and enjoy.

Browse trail conditions around Cook County ([Lutsen and Tofte](#), [Grand Marais](#) and the [Gunflint Trail](#)) for updated grooming reports, view the [Cook County Ski Trail Map](#) and plan your late-winter adventure today.

Ski the Upper Gunflint Trail this Sprinter

Most of the Upper Gunflint Nordic ski trails are suited for the intermediate skier. However, there is plenty of good skiing for beginners and some challenging parts for advanced skiers. Everyone can enjoy the trail system from any of the three resorts on Gunflint Lake. The system is designed with many loops that permit easy day outings, and its more northern location typically experiences cooler temperatures and extended snow cover.

[View Upper Gunflint Trail Maps](#)

Cook County's Commitment to Health and Safety

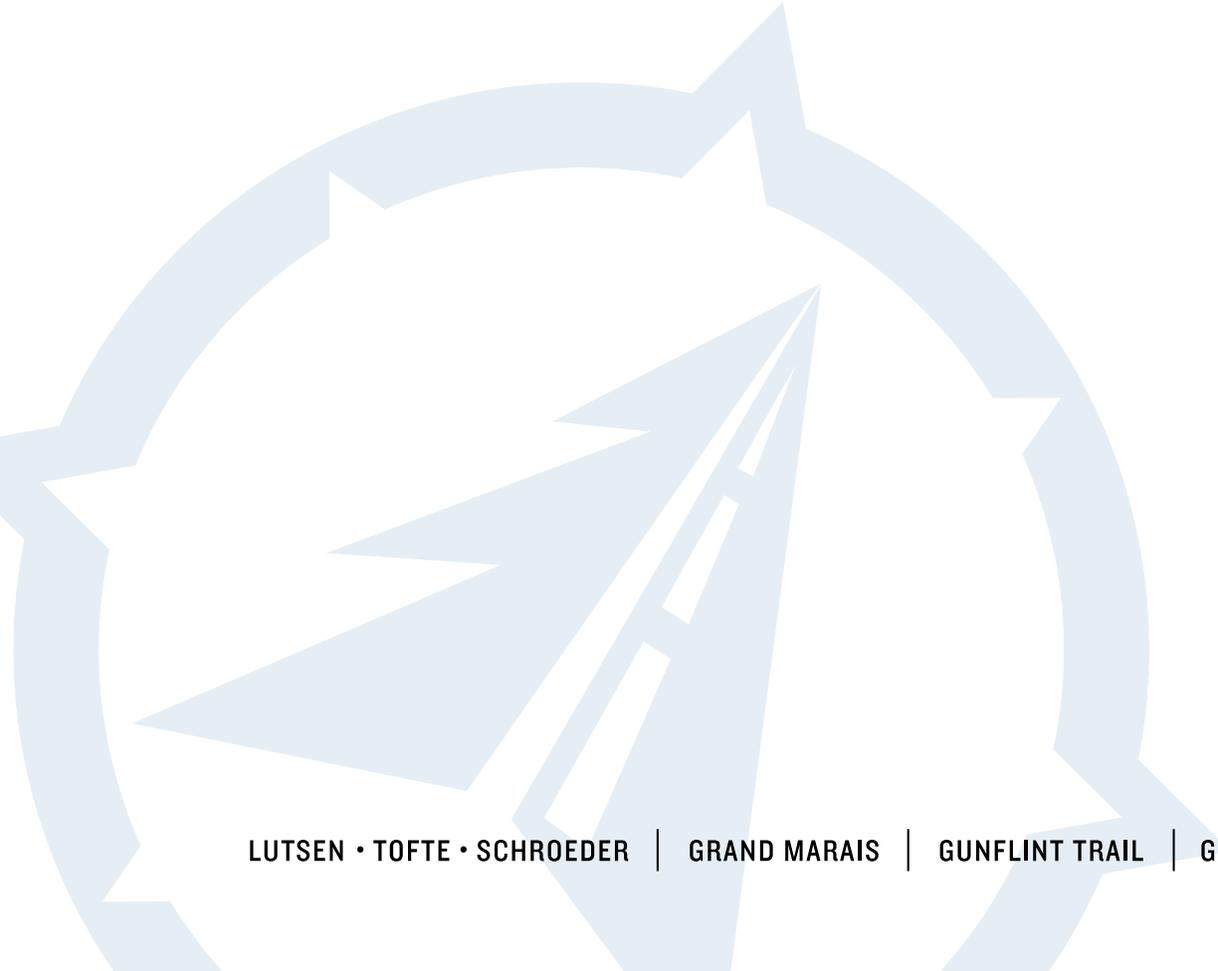
When Sprinter rolls around, everyone is ready to emerge from the comforts of home and engage in the community once again. After a year of staying close to home and limiting contact with others due to the pandemic, venturing out may be daunting. Know that businesses throughout Cook County are committed to public health and safety. We're following state guidelines to limit the spread of COVID-19, and we are open for business. Head north, enjoy local restaurants and shops, explore the wilderness and trails, and enjoy every moment. [Read our Visitor Pledge for more detail.](#)

Be sure to keep up with all our latest happenings by subscribing to our newsletter [here](#).

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Visit Cook County, Minnesota

Visit Cook County encompasses the northeastern Minnesota communities of Lutsen, Tofte, Schroeder, Grand Marais, the Gunflint Trail and Grand Portage, commonly referred to as "the Arrowhead" and the "North Shore of Lake Superior." Grand Marais, Minn., has earned several national accolades — most recently, it was named USA Today's [Best Midwestern Small Town](#), Outside Magazine's [The 16 Best Places to Live in the U.S. 2016](#), and Budget Travel's 2015 [Coolest Small Town in America](#). Rekindle your sense of adventure by exploring the Superior National Forest or paddling through the Boundary Waters Canoe Area Wilderness. Discover what makes the communities of Cook County, Minn. "Naturally Unforgettable." Connect on social media using #donorthmn, Twitter [@CookCoVisitors](#), [Facebook](#), or Instagram [@donorthmn](#). Learn more at [VisitCookCounty.com](#).



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