

# Iola Norseman Challenge

Sunday

January 29<sup>th</sup>, 2023



**WINTER SPORTS CLUB**

- 9:15 A.M.....10K Classic
- 10:15/10:35.....3.3K Jr Hi-- Boys/ Girls
- 11:05 /11:30..... 5.5K S.R.Hi –Boys/Girls
- 12:15.....20K Freestyle\*Registration: Up to 30 minutes prior to race\*
- 1:30.....1k Free kids race \* no registration needed- no numbers needed-starts near finish line

<u>Cost</u>	<u>Awards</u>
20K Freestyle.....\$30	10K Classic..... -Overall Top 3 by gender
10K Classic.....\$30	20K Freestyle..... -Top 3 by age Category
Both Races.....\$40	5.5K & 3.3K ..... -Overall Top 3 by gender
Jr hi/ Sr hi Freestyle .....\$15	(HS & MS) - Awards to top 3 teams ( 4 team members)
	Kids Race..... - Ski Pins to all finishers

**Name** (Last) \_\_\_\_\_ (First) \_\_\_\_\_ Telephone # \_\_\_\_\_

**Sex-**  male  female

**Race number**----- \_\_\_\_\_

**Race**  Jr hi  Sr.Hi

10K Classic

Both 10K/20K  20k Freestyle

Registration for jr-hi/sr hi should be done through Milesplit.com prior to race day to help mitigate time spent at pick -up tent located outside near finish line.

-For the 10/20 k races you can send your **name , what race, and telephone #**, via e-mail and pay for the race when you arrive at the outdoor tent- pick-up /registration table near the finish line. Checks made out to IWSC are preferred. **Race results will be posted on skinny ski**

**20k Freestyle Age Groups**

- 0-25    46-55
- 26-35    56-Up
- 36-45

**Read waiver on back before signing below**

\_\_\_\_\_

(Adult signature required if skier is under age 18)

Norsman Hill Ski Complex is located on Waupaca Co. Trunk MM. Take Hwy 49 N out of Iola 4 miles then turn W on Co. Trunk MM. Watch for signs in one mile. ( for more info. Contact Mike Trzebiatowski) 10658 Town Road NN—Rosholt, WI 715-677-3191 Cell-715-570-0079 or E-mail—mitrzebi@rosholt.k12.wi.us

**Knowingly and at my own risk I hereby apply to participate in the Iola-Norseman challenge ski race on January 29<sup>th</sup>, 2023. I also waive and release any and all claims for damages that I may incur (including Covid-19) as a result of my participation in this event against any and all persons officially connected with this event.**

**I further hereby certify that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate in this event, I also understand that IWSC is doing their best to help mitigate the chances of contracting covid-19 and I will not hold them liable for any issues that arise!**

***Sign on front of registration form after reading the above waiver***