

PLACE	TEAM	RELAY RESULTS	GIRLS - VARSITY	TIMES
1	LITTLE FALLS			
	16	Matia Hendrickson		
	16	Chelsea Rutz		30:08.59
2	BRAINERD			
	10	Allison Kosobud		
	10	Sarah Fairbanks		31:04.32
3	BEMIDJI			
	1	Laura Yourd		
	1	Alicia Papke-Larson		31:46.94
4	BRAINERD			
	11	Katie Montgomery		
	11	Emily Dumbeck		33:59.73
5	LITTLE FALLS			
	17	Sarah Andringa		
	17	Daniela Sobiech		35:12.76
6	DEER RIVER			
	23	Kaila Juntunen		
	23	Vanessa Perrington		35:33.96
7	BEMIDJI			
	2	California Thorson		
	2	Mari Eggebo		36:28.96
8	DETROIT LAKES			
	26	Shannon Goetz		
	26	Andrea Weiss		37:04.46

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PLACE	TEAM	RELAY RESULTS	BOYS - VARSITY	TIMES
1	BRAINERD	8 Zean Baker 8 Riley Nelson		25:33.26
2	LITTLE FALLS	14 Ricky Devine 14 Adam Kempenich		26:10.80
3	LITTLE FALLS	15 Alex Houle 15 Preston Zimney		26:24.65
4	BEMIDJI	3 John Buckanaga 3 Tony Sagedahl		27:35.45
5	BEMIDJI	4 Kyle Sagedahl 4 Sam Dwyer		27:48.15
6	FERGUS FALLS	29 Ethan Taylor 29 Josh Johnson		29:24.69
7	BEMIDJI	5 Devin Danielson 5 Trent Buckanaga		29:53.82
8	DEER RIVER	22 Kevin Drotts 22 Liam Martin		30:05.03
9	TREK NORTH	20 Josh Larue 20 Abe Nisley		30:20.02
10	DETROIT LAKES	25 Jack Harris 25 Devin Lange		30:38.17
11	DETROIT LAKES	24 Stephen Sinclair 24 Anthony Meyer		31:00.41
12	FERGUS FALLS	30 Aeron Jahr 30 Chris Rausch		31:34.47
13	BRAINERD	9 Gerrit Garberich 9 Tim Nelson		36:53.90

## RELAY RESULTS MIXED - RELAY

PLACE	TEAM	TIMES
1	BEMIDJI	
	6 Adam Holter	
	6 Bailey Drewes	27:47.57
2	DETROIT LAKES	
	27 Berit Ramstad Skoyles	
	27 Dylan Ramstad Skoyles	27:49.05
3	LITTLE FALLS	
	18 Nathan Almen	
	18 Kaitlin Geisenhoff	29:24.17
4	TREK NORTH	
	21 Andy Gustafson	
	21 Kaitlin Bakker	29:44.00
5	DETROIT LAKES	
	28 Miranda Olson	
	28 Ian Fritz	31:29.37
6	LITTLE FALLS	
	19 Ben Mushel	
	19 Chloe Houle	31:54.68
7	BEMIDJI	
	7 Andy Berube	
	7 Kim Truedson	32:50.54
8	BRAINERD	
	12 Jennifer Murray	
	12 Noah Baker	33:38.57
9	BRAINERD	
	13 Rachael Howard	
	13 Ben Hanson	33:40.16

## VARSDITY RELAY RESULTS

TEAM	BV-1	BV-2	GV-1	GV-2	MIX-1	MIX-2	TOTAL
Little Falls	26:10.80	26:24.65	30:08.59	35:12.76	29:24.17	31:54.68	2:59:15.65
Bemidji	27:35.45	27:48.15	31:46.94	36:28.96	27:47.57	32:50.54	3:04:17.61
Brainerd	25:33.26	36:53.90	31:04.32	33:59.73	33:38.57	33:40.16	3:14:49.94
Fergus Falls	29:24.69	31:34.47					INCOMPLETE
Detroit Lakes	30:38.17	31:00.41	37:04.46		27:49.05	31:29.37	INCOMPLETE
Deer River	30:05.03		35:33.96				INCOMPLETE
Trek North	30:20.02				29:44.00		INCOMPLETE

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PLACE	TEAM	RELAY RESULTS	GIRLS - JUNIOR VARSITY	TIMES
1	16:09.48	113 Hannah Marty	TREK NORTH	
2	16:35.35	117 Veronica Haverkamp	DETROIT LAKES	
3	16:36.47	108 Inga Roen	TREK NORTH	
4	16:36.85	107 Kaija Roy	TREK NORTH	
5	16:38.57	101 Paige Waltman	LITTLE FALLS	
6	16:42.66	120 Jill Feuillerat	DETROIT LAKES	
7	16:43.30	106 Hannah Lash	TREK NORTH	
8	17:16.52	119 Morgan Nodsle	DETROIT LAKES	
9	17:17.88	99 Josie Lange	LITTLE FALLS	
10	17:36.84	76 Martina Giger	BRAINERD	
11	17:38.43	65 Bethany Scholl	BEMIDJI	
12	17:38.67	94 Ingrid Floersheim	LITTLE FALLS	
13	17:46.02	97 Alishia Olson	LITTLE FALLS	
14	18:02.85	91 Michaela Quast	BRAINERD	
15	18:10.23	61 Emma Brokl	BEMIDJI	
16	18:24.25	62 Summer Johnson	BEMIDJI	
17	18:30.36	80 Madeline Pike	BRAINERD	
18	19:17.54	95 Mackenzie Hanson	LITTLE FALLS	
19	19:24.80	109 Anna Boston	TREK NORTH	
20	19:39.11	93 Tomi Majerus	BRAINERD	
21	19:39.59	69 Laura Edwards	BEMIDJI	
22	19:48.84	75 Marie Sophie Frommelt	BRAINERD	
23	19:53.77	110 Rachel Lash	TREK NORTH	
24	20:28.82	63 Sara Heisler	BEMIDJI	
25	20:38.78	64 Mikayla Connell	BEMIDJI	
26	21:12.45	66 Anna Mangiamele	BEMIDJI	
27	21:22.60	96 Hannah Harkin	LITTLE FALLS	
28	22:34.85	74 Kira Irmeler	BRAINERD	
29	23:03.68	77 Patricia Pensel	BRAINERD	
30	23:38.30	79 Katie Pernula	BRAINERD	
31	24:26.99	67 Kayla Olson	BEMIDJI	
32	25:44.83	112 Lily Heltzer	TREK NORTH	
33	26:58.24	68 Ariel Tix	BEMIDJI	
		73 Victoria Johnson	BRAINERD	
		111 Delaney Daly	TREK NORTH	

PLACE	TEAM	RELAY RESULTS	BOYS - JUNIOR VARSITY	TIMES
1		13:59.36	86 Brian McNamara	LITTLE FALLS
2		13:59.73	50 Eli Rassler	BEMIDJI
3		14:00.58	59 Jordan Wednchuk	BEMIDJI
4		14:01.42	105 Kaili Simpson	TREK NORTH
5		14:19.61	90 Matthew Massman	LITTLE FALLS
6		14:20.38	84 Derek Toso	LITTLE FALLS
7		14:21.80	88 John Gottwalt	LITTLE FALLS
8		14:22.17	81 Sean Monnier	LITTLE FALLS
9		14:22.49	52 Matt Chatterton	BEMIDJI
10		14:39.92	115 Montana Johnson	DETROIT LAKES
11		14:43.02	83 Matt Masog	LITTLE FALLS
12		14:43.87	116 Zach Foltz	DETROIT LAKES
13		14:44.75	114 Austin Clem	DETROIT LAKES
14		14:52.02	51 Tanner Asper	BEMIDJI
15		15:03.67	53 Zach Hewitt	BEMIDJI
16		15:16.61	71 Conner Gunsbury	BRAINERD
17		15:25.41	54 Nate Molnar	BEMIDJI
18		16:03.79	85 Isaiah Korver	LITTLE FALLS
19		16:16.70	60 Matt Armstong	BEMIDJI
20		16:28.36	89 Easton Johnson	LITTLE FALLS
21		16:31.29	102 Brian Thavis	TREK NORTH
22		16:37.90	82 Stephen Luing	LITTLE FALLS
23		16:50.71	56 Anthony Trudeau	BEMIDJI
24		16:55.80	55 Jordan Sweep	BEMIDJI
25		16:59.73	57 Tanner Zaccangino	BEMIDJI
26		17:51.02	58 Nick Conner	BEMIDJI
27		19:49.23	103 Tate McAllan	TREK NORTH
			104 Ivan Smith	TREK NORTH

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PLACE	TEAM	RELAY RESULTS	GIRLS - JUNIOR HIGH	TIMES
1	9:58.95	125 Morgan Sagedahl	BEMIDJI	
2	10:56.82	183 Carlie Sobiech	LITTLE FALLS	
3	11:17.91	184 Elizabeth Becker	LITTLE FALLS	
4	11:23.82	126 Jenna Truedson	BEMIDJI	
5	11:26.89	160 Serena Schreifels	BRAINERD	
6	11:27.70	196 Ali Juntunen	DEER RIVER	
7	11:29.05	159 Gabriella Haire	BRAINERD	
8	11:43.59	194 Maddie Treuer	TREK NORTH	
9	11:55.08	163 Emily Nelson	BRAINERD	
10	11:56.98	186 Amelia Kresha	LITTLE FALLS	
11	11:57.39	157 Anne Grabowski	BRAINERD	
12	11:58.04	190 Kendal Hendrickson	LITTLE FALLS	
13	12:21.56	170 Claire Gunsbury	BRAINERD	
14	12:31.20	211 Sarah Taylor	FERGUS FALLS	
15	13:04.89	168 Ava Figliuzzi	BRAINERD	
16	13:14.67	212 Megan Aadland	FERGUS FALLS	
17	13:15.38	204 Tanisha Perlmutter	DETROIT LAKES	
18	13:17.52	158 Erin Peterson	BRAINERD	
19	13:18.19	139 Atomic Thorson	BEMIDJI	
20	13:34.66	167 Maren Hadrits	BRAINERD	
21	13:57.12	188 Makayla Klever	LITTLE FALLS	
22	13:57.67	187 Rachel Almen	LITTLE FALLS	
23	14:14.73	213 Lauren Angus	FERGUS FALLS	
24	14:19.97	128 Lauren Weaver	BEMIDJI	
25	14:36.69	161 Anna Guida	BRAINERD	
26	14:46.32	203 Jordan Lundberg	DETROIT LAKES	
27	14:51.26	192 Maryn Vaagenes	LITTLE FALLS	
28	14:52.90	191 Christy Masog	LITTLE FALLS	
29	14:56.38	189 Kathryn Jopp	LITTLE FALLS	
30	15:21.07	164 Emma Kauffman	BRAINERD	
31	15:42.12	166 Madeline Quast	BRAINERD	
32	16:18.80	198 Jordyn Newberg	DEER RIVER	
33	16:32.15	127 Kylie St Peter	BEMIDJI	
34	17:41.86	131 Kianna Mcbride	BEMIDJI	
35	18:02.94	205 Lindsay Baker	DETROIT LAKES	
36	18:03.81	130 Josina Grantier	BEMIDJI	
37	18:37.91	206 Addie Kay Johnson	DETROIT LAKES	
38	19:19.01	171 Kaitlyn Hall	BRAINERD	
39	19:33.41	195 Hannah Ehli	TREK NORTH	
40	20:23.72	132 Sage Hovet	BEMIDJI	
41	20:27.09	208 Alyssa Guck	DETROIT LAKES	
42	20:33.09	197 Christina Solberg	DEER RIVER	
43	20:47.65	207 Jocelyn Skoda	DETROIT LAKES	
		129 Anna Eriksson	BEMIDJI	
		165 Jenna Swenson	BRAINERD	

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PLACE	TEAM	RELAY RESULTS	BOYS - JUNIOR HIGH	TIMES
1	9:05.22	133	Josh Claussen	BEMIDJI
2	9:41.18	177	Gunnar Kleinschmidt	LITTLE FALLS
3	9:41.53	174	Levi Hintz	LITTLE FALLS
4	9:42.01	173	Michael Carll	LITTLE FALLS
5	9:52.47	143	Austin Chatterton	BEMIDJI
6	10:29.26	201	Austin Askelson	DETROIT LAKES
7	10:49.77	150	Robert Pike	BRAINERD
8	10:52.37	134	Sam Sharpe	BEMIDJI
9	11:17.75	152	Evan Schreifels	BRAINERD
10	11:25.39	153	Max Seymour	BRAINERD
11	11:36.94	193	Levi Lindquist	TREK NORTH
12	11:38.52	182	Nathaniel Warnke	LITTLE FALLS
13	11:53.65	140	Kyle Johnson	BEMIDJI
14	12:18.88	175	Ethan Crocker	LITTLE FALLS
15	12:31.77	172	Greg Bertrand	LITTLE FALLS
16	12:32.34	154	Samual Nesheim	BRAINERD
17	12:34.38	149	Caden Johnson	BRAINERD
18	12:42.33	178	Jacob Massman	LITTLE FALLS
19	12:58.80	138	Tragg Thorsgaard	BEMIDJI
20	13:09.86	199	Jonathan Martin	DEER RIVER
21	13:35.37	181	Cody Kurowski	LITTLE FALLS
22	13:39.61	146	Brock Beaulieu	BEMIDJI
23	14:12.55	141	Joel Carlson	BEMIDJI
24	14:23.12	202	Dylan Skoda	DETROIT LAKES
25	14:32.94	200	Michael Shaw	DEER RIVER
26	14:56.11	156	William Schultz	BRAINERD
27	15:06.95	135	Hudson Cermak	BEMIDJI
28	15:07.60	148	James Will	BEMIDJI
29	15:17.61	180	Dallas Colebank	LITTLE FALLS
30	15:43.12	142	Ethan Houle	BEMIDJI
31	16:07.81	145	Ethan Youso	BEMIDJI
32	16:53.48	136	Chase Morrison	BEMIDJI
33	18:31.16	155	Micah Hudson	BRAINERD
		137	Aaron Fellman	BEMIDJI
		144	Bruno Cheney	BEMIDJI
		209	Micah Rintamaki	DETROIT LAKES