

2010 Central Lakes Conference Championships

Northland Arboretum

1/28/2010

Brainerd, MN

BOYS VARSITY - 5K CLASSIC

Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back	Conference Awards*
1	14:52	6	Eli Fark		St Cloud Tech	100	02:58	00:00	A
2	15:05	3	Ricky Devine	11	Little Falls	99	03:01	00:13	A
3	15:26	22	Preston Zimney	10	Little Falls	98	03:05	00:34	A
4	15:27	13	Elliot Busta		St Cloud Tech	97	03:05	00:35	A
5	15:36	2	Ross Duval		Brainerd	96	03:07	00:44	A
6	15:42	18	Chris Rouw		St Cloud Tech	95	03:08	00:50	A
7	15:48	9	Cole Sundquist		Brainerd	94	03:10	00:56	A
8	16:02	14	Tom LaPatka		Willmar	93	03:12	01:10	H
9	16:25	23	Philip Zimring		St Cloud Tech	91.5	03:17	01:33	H
9	16:25	1	Mitch Evink		Alexandria	91.5	03:17	01:33	H
11	16:29	10	Will Marvin	11	Little Falls	90	03:18	01:37	
12	16:51	17	Ben Mushel	11	Little Falls	89	03:22	01:59	
13	16:52	15	Cody Call		Alexandria	88	03:22	02:00	
14	16:57	5	John Reichl		St Cloud Apollo	87	03:23	02:05	
15	17:11	8	Jimmy Lovrien		Alexandria	86	03:26	02:19	
16	17:19	16	Luke Surma		Brainerd	85	03:28	02:27	
17	17:24	21	Tim Nelson		Brainerd	84	03:29	02:32	
18	17:59	12	Adam Logeman		St Cloud Apollo	83	03:36	03:07	
19	18:02	7	Daniel voss		Willmar	82	03:36	03:10	
20	18:05	20	Todd Johnson		Alexandria	81	03:37	03:13	
21	18:16	4	Aaron Demuth	11	Otter Tail Nordic	80	03:39	03:24	
22	18:23	11	Tyler Clark	11	Otter Tail Nordic	79	03:41	03:31	
23	21:12	19	Henry Bielenberg		Willmar	78	04:14	06:20	
* A = All Conference; H = Honorable Mention									

2010 Central Lakes Conference Championships

Northland Arboretum					1/28/2010		Brainerd, MN		
BOYS VARSITY - 5K FREESTYLE									
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back	Conference Awards*
1	11:54	84	Sam Anderson		St Cloud Tech	100	02:23	00:00	A
2	12:54	93	Nick Proell		St Cloud Tech	99	02:35	01:00	A
3	13:20	80	Zean Baker		Brainerd	98	02:40	01:26	A
4	13:28	83	Ian Johnson		St Cloud Apollo	97	02:42	01:34	A
5	13:31	79	Austin McCoy		Alexandria	96	02:42	01:37	A
6	13:33	89	Adam Kempenich	11	Little Falls	95	02:43	01:39	A
7	13:38	81	Alex Houle	11	Little Falls	94	02:44	01:44	A
8	14:00	99	Kris Mastin		St Cloud Tech	93	02:48	02:06	H
9	14:01	96	Riley Nelsen		Brainerd	92	02:48	02:07	H
10	14:10	87	Mike Erickson		Alexandria	91	02:50	02:16	H
11	14:26	92	Nick Theisen		St Cloud Apollo	90	02:53	02:32	
12	14:31	104	Karl Christensen		St Cloud Tech	89	02:54	02:37	
13	14:46	95	Matt Burow		Alexandria	88	02:57	02:52	
14	15:30	85	Matt Weitzel		Willmar	87	03:06	03:36	
15	15:32	102	Michael Montgomery		Brainerd	86	03:06	03:38	
16	15:50	97	Nathan Almen	10	Little Falls	85	03:10	03:56	
17	16:05	82	Ethan Taylor	11	Otter Tail Nordic	84	03:13	04:11	
18	16:06	103	Alex Kresha	9	Little Falls	83	03:13	04:12	
19	16:11	98	Mitch Kruger		St Cloud Apollo	82	03:14	04:17	
20	16:14	94	Michael Cola		Willmar	81	03:15	04:20	
21	16:34	91	Aeron Jahr	10	Otter Tail Nordic	80	03:19	04:40	
22	17:08	101	Tyler Johnson		Alexandria	79	03:26	05:14	
* A = All Conference; H = Honorable Mention									
results by Emily Lanin - pelanin@brainerd.net									

2010 Central Lakes Conference Championships

Northland Arboretum					1/28/2010		Brainerd, MN		
GIRLS VARSITY - 5K CLASSIC									
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back	Conference Awards*
1	16:42	25	Amanda Finstad		Brainerd	100	03:20	00:00	A
2	17:39	24	Sarah Peper		Alexandria	99	03:32	00:57	A
3	17:50	49	Maria Hauer	8	Little Falls	98	03:34	01:08	A
4	18:04	43	Kaitlin Geisenhof	8	Little Falls	97	03:37	01:22	A
5	18:17	36	Matia Hendrickson	9	Little Falls	96	03:39	01:35	A
6	18:37	42	Sarah Fairbanks		Brainerd	95	03:43	01:55	A
7	19:26	26	Sarah Andringa	10	Little Falls	94	03:53	02:44	A
8	19:49	29	Maddie Schug		St Cloud Apollo	93	03:58	03:07	H
9	19:51	34	Arianna Brown		Brainerd	92	03:58	03:09	H
10	20:09	30	Kaela Kopp		St Cloud Tech	91	04:02	03:27	H
11	20:13	48	Micaela Hallan		Brainerd	90	04:03	03:31	
12	20:37	38	Becca Humbert		St Cloud Apollo	89	04:07	03:55	
13	20:49	33	Megan Bristow		Alexandria	88	04:10	04:07	
14	20:54	40	Anna Burns		Willmar	87	04:11	04:12	
15	21:24	31	Julie Hulstrand		Willmar	86	04:17	04:42	
16	22:29	28	Jordan Erkens	12	Sartell/Cathedral	85	04:30	05:47	
17	23:00	39	Baylee Klaverkamp		St Cloud Tech	84	04:36	06:18	
18	23:21	41	Lauren Hagstrom		Alexandria	83	04:40	06:39	
19	24:57	45	Kaia Halbritter		Willmar	82	04:59	08:15	
20	24:59	37	Michele Severson	11	Sartell/Cathedral	81	05:00	08:17	
21	27:12	44	Nicole Severson	10	Sartell/Cathedral	80	05:26	10:30	
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2010 Central Lakes Conference Championships									
Northland Arboretum					1/28/2010		Brainerd, MN		
GIRLS VARSITY - 5K FREESTYLE									
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back	Conference Awards*
1	14:17	108	Hanna Kellerman	12	Sartell/Cathedral	100	02:51	00:00	A
2	14:35	107	Manon Gammon-Deering	11	Little Falls	99	02:55	00:18	A
3	15:51	127	Chelsea Rutz	9	Little Falls	98	03:10	01:34	A
4	16:29	113	Allison Kosobud		Brainerd	97	03:18	02:12	A
5	16:40	112	Julia Sieling		Alexandria	95.5	03:20	02:23	A
5	16:40	106	Jenna Ruzich		Brainerd	95.5	03:20	02:23	A
7	17:28	105	Melissa Gromatka		Alexandria	94	03:30	03:11	A
8	17:37	118	Danielle Erickson		Willmar	93	03:31	03:20	H
9	17:38	121	Jordan Hulsether		Brainerd	92	03:32	03:21	H
10	17:46	122	Chloe Houle	9	Little Falls	91	03:33	03:29	H
11	17:47	109	Allison Reichl		St Cloud Apollo	90	03:33	03:30	
12	18:05	114	Kristen Gotfredson	9	Little Falls	89	03:37	03:48	
13	18:08	115	Andrea Franz	9	Sartell/Cathedral	88	03:38	03:51	
14	18:22	110	Shannon Moscho		St Cloud Tech	87	03:40	04:05	
15	18:35	123	Ann Lindstrom	8	Sartell/Cathedral	86	03:43	04:18	
16	18:37	116	Angel Spooner		St Cloud Apollo	85	03:43	04:20	
17	18:42	126	Jennifer Murray		Brainerd	84	03:44	04:25	
18	18:47	27	Ida Weltzein		Otter Tail Nordic	83	03:45	04:30	
19	19:37	125	Aileen Clarke		Willmar	82	03:55	05:20	
20	19:54	119	Katie Lovrien		Alexandria	81	03:59	05:37	
21	20:16	111	Emily Streich		Willmar	80	04:03	05:59	
22	20:38	124	Jean Danzl		St Cloud Apollo	79	04:08	06:21	
23	20:43	117	Kathrin Buffen		St Cloud Tech	78	04:09	06:26	
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2010 Central Lakes Conference Championship 5K Classic 5K each technique

Northland Arboretum

28-Jan-10

Brainerd, MN

BOYS VARSITY TEAM SCORES

Place	School	Total Points	Classic1	Classic2	Skater1	Skater2
1	St Cloud Tech	396	100	97	100	99
2	Little Falls	386	99	98	95	94
3	Brainerd	380	96	94	98	92
4	Alexandria	366.5	91.5	88	96	91
5	St Cloud Apollo	357	87	83	97	90
7	Willmar	343	93	82	87	81
8	Otter Tail Nordic	323	80	79	84	80

GIRLS VARSITY TEAM SCORES

Place	School	Total Points	Classic1	Classic2	Skater1	Skater2
1	Little Falls	392	98	97	99	98
2	Brainerd	387.5	100	95	97	95.5
3	Alexandria	376.5	99	88	95.5	94
4	St Cloud Apollo	357	93	89	90	85
5	St Cloud Cath/Sartell	354	85	81	100	88
6	Willmar	348	87	86	93	82
7	St Cloud Tech	340	91	84	87	78
8	Otter Tail Nordic	83			83	

2010 Central Lakes Conference Championships								
Northland Arboretum					1/28/2010		Brainerd, MN	
BOYS JUNIOR VARSITY - 5K CLASSIC								
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back
1	18:16	52	Brian McNamara	9	Little Falls	100	03:39	00:00
2	18:29	54	Ben Evenson		St Cloud Apollo	99	03:42	00:13
3	18:38	59	Matt Massman	8	Little Falls	98	03:44	00:22
4	18:51	55	Brett Vangen-Weeks		St Cloud Tech	97	03:46	00:35
5	20:32	60	Nathan Kroschel		St Cloud Apollo	96	04:06	02:16
6	21:19	51	Zach Hanson		Brainerd	95	04:16	03:03
7	21:29	50	Dan Finazzo		Alexandria	94	04:18	03:13
8	21:31	58	Ben Hanson		Brainerd	93	04:18	03:15
9	21:36	53	Sindre Nistad	11	Otter Tail Nordic	92	04:19	03:20
10	21:59	56	Austin Linbo		Willmar	91	04:24	03:43
11	22:20	61	Cody McFarland		Willmar	90	04:28	04:04
12	22:51	57	Eric Branch		Alexandria	89	04:34	04:35
13	25:28	62	Jack Stoeck		Alexandria	88	05:06	07:12

010 Central Lakes Conference Championships								
Northland Arboretum					1/28/2010		Brainerd, MN	
BOYS JUNIOR VARSITY - 5K FREESTYLE								
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back
1	15:50	153	Cory Rouw		St Cloud Tech	100	03:10	00:00
2	15:58	137	Noah Baker		Brainerd	99	03:12	00:08
3	16:00	131	Josh Johnson	9	Otter Tail Nordic	98	03:12	00:10
4	16:03	141	Josef Wieber		St Cloud Tech	97	03:13	00:13
5	16:07	138	Derek Toso	10	Little Falls	96	03:13	00:17
6	16:09	132	Mikael Edgren		St Cloud Apollo	95	03:14	00:19
7	16:10	140	Ben Miller		St Cloud Apollo	94	03:14	00:20
8	16:15	130	Sean Monnier	11	Little Falls	93	03:15	00:25
9	16:16	133	Brandon Haus		St Cloud Tech	92	03:15	00:26
10	16:48	147	Scott Peterson		St Cloud Tech	91	03:22	00:58
11	16:52	149	Max Albrecht	11	St Cloud Apollo	90	03:22	01:02
12	16:55	135	Joe Ballandby		Willmar	89	03:23	01:05
13	17:11	142	Nathaniel Erickson		Willmar	88	03:26	01:21
14	17:15	154	Isaac Wieber		St Cloud Tech	87	03:27	01:25
15	17:16	150	Doug Herkenhoff		St Cloud Tech	86	03:27	01:26
16	17:24	148	Gregory Ross	9	Little Falls	85	03:29	01:34
17	17:34	144	Isaiah Korver	9	Little Falls	84	03:31	01:44
18	18:07	128	Pat Flynn		Alexandria	83	03:37	02:17
19	18:48	152	Logan Heitke		St Cloud Tech	82	03:46	02:58
20	19:41	145	Kyle Heifort	9	Otter Tail Nordic	81	03:56	03:51
21	19:45	136	Will Reed		Alexandria	80	03:57	03:55
22	20:41	129	Kush Patel		Brainerd	79	04:08	04:51
23	20:42	143	Carl Branch		Alexandria	78	04:08	04:52
24	21:33	146	Amadeo Sanchez		St Cloud Apollo	77	04:19	05:43

2010 Central Lakes Conference Championships								
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GIRLS JUNIOR VARSITY - 5K CLASSIC								
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back
1	21:15	64	Rachael Howard		Brainerd	100	04:15	00:00
2	21:28	65	Brittney Trettel	12	Little Falls	99	04:18	00:13
3	21:37	72	Paige Waltman	11	Little Falls	98	04:19	00:22
4	22:24	71	Tomi Majerus		Brainerd	97	04:29	01:09
5	22:55	74	Kelsey Thompson		Brainerd	96	04:35	01:40
6	22:56	70	Hailey Haugen		Alexandria	95	04:35	01:41
7	23:51	63	Hadley Klepper		Alexandria	94	04:46	02:36
8	23:55	75	Adrienne Wensman		Alexandria	93	04:47	02:40
9	23:58	68	Janessa Palmer		Willmar	92	04:48	02:43
10	25:32	77	Mackenzie Hanson	10	Little Falls	91	05:06	04:17
11	27:06	67	Katie Shea	10	Otter Tail Nordic	90	05:25	05:51
12	28:21	73	Catey LaPatka		Willmar	89	05:40	07:06
13	29:29	175	Hannah Harkin	10	Little Falls	88	05:54	08:14

010 Central Lakes Conference Championships								
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GIRLS JUNIOR VARSITY - 5K FREESTYLE								
Place	Time	BIB	Name	Grade	School	Points	Pace	Time Back
1	17:15	170	Katie Montgomery		Brainerd	100	03:27	00:00
2	18:52	163	Daniela Sobiech	11	Little Falls	99	03:46	01:37
3	18:57	162	Emily Dumbeck		Brainerd	98	03:47	01:42
4	19:18	169	Kalina Larsen		Willmar	97	03:52	02:03
5	19:24	157	Jenae Anderson	12	Little Falls	96	03:53	02:09
6	20:51	168	Whitney Evans	10	Little Falls	95	04:10	03:36
7	20:57	158	Melissa Campion		St Cloud Apollo	94	04:11	03:42
8	21:00	156	Rachel Bartosh		Brainerd	93	04:12	03:45
9	21:05	171	Ingrid Floersheim	10	Little Falls	92	04:13	03:50
10	21:20	172	Michaela Hallan		Brainerd	91	04:16	04:05
11	21:26	174	Brook Teague	8	Little Falls	90	04:17	04:11
12	22:04	173	Alishia Olson	10	Little Falls	89	04:25	04:49
13	22:06	161	Natalie Watkins		Alexandria	88	04:25	04:51
14	22:07	160	Nicola Weisser		Willmar	87	04:25	04:52
15	22:27	165	Melissa Juetten		Willmar	86	04:29	05:12
16	24:20	167	Heidi Bush		Alexandria	85	04:52	07:05

2010 Central Lakes Conference Championship 5K Classic
5K each technique

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28-Jan-10

Brainerd, MN

BOYS JUNIOR VARSITY TEAM SCORES

Place	School	Total Points	Classic1	Classic2	Skater1	Skater2
1	Little Falls	387	100	98	96	93
2	St Cloud Apollo	384	99	96	95	94
3	Brainerd	366	95	93	99	79
4	Willmar	358	91	90	89	88
5	Alexandria	346	94	89	83	80
7	St Cloud Tech	294	97		100	97
8	Otter Tail Nordic	271	92		98	81

GIRLS JUNIOR VARSITY TEAM SCORES

Place	School	Total Points	Classic1	Classic2	Skater1	Skater2
1	Brainerd	395	100	97	100	98
2	Little Falls	392	99	98	99	96
3	Willmar	365	92	89	97	87
5	Alexandria	362	95	94	88	85
7	St Cloud Apollo	94			94	
8	Otter Tail Nordic	90	90			