



MINNESOTA NORDIC SKI COACHES ASSOCIATION

2014 Nordic Academic Awards

President:

Dan Josephson
Detroit Lakes

Secretary:

Denny Nelson
Coon Rapids

Treasurer:

Rich Heilman
Lakeville North

Academic Awards

Jason Mork
Winona/Cotter

Team Gold and Silver Awards requirements:

- 1 - Head coach must be a member of the MN Nordic Ski Coaches' Association
- 2 - Determine the GPA of the seven section skiers and average the top five
- 3 - If average GPA is 3.75 or greater, this results in a GOLD Award.
- 4 - If average GPA is 3.5-3.75 or greater, this results in a SILVER Award.

Individual All-State Academic Award requirements:

- 1 - The skier must be a Senior on the Section Team
- 2 - Skier's GPA is 3.9 or greater

2014 Statistics:

Boys' GOLD Team Awards: 29
Boys' SILVER Team Awards: 27
Girls' GOLD Team Awards: 53
Girls' SILVER Team Awards: 5

Individual All-State Academic Boys: 44

Individual All-State Academic Girls: 71

*Teams with two GOLD Awards: 24

Gold Teams - Boys

Andover*
Armstrong*
Brainerd
Champlin Park*
Cloquet-Esko-Carlton*
Como Park
Duluth East*
Edina*
Elk River*
Grand Rapids*
Holy Family*
Lakeville South*
Maple Grove*
Marshall
Minnehaha
Minnetonka*
Mora*
Mound Westonka*
Osseo*
Prior Lake*
Richfield*
Rogers*
St Cloud Apollo*
St Paul Central*
St Paul Highland Park*
Stillwater*
Tartan*
Two Harbors
Winona/Cotter*

Gold Teams - Girls

Andover*
Anoka
Armstrong*
Bemidji
Benilde-St Margaret's
Bloomington Jefferson
Brainerd
Burnsville
Champlin Park*
Chanhassen
Chaska
Cloquet-Esko-Carlton*
Duluth Denfeld
Duluth East*
Eastview/Apple Valley
Eden Prairie
Edina*
Elk River*
Ely
Grand Rapids*
Hibbing
Holy Family*
Irondale
Lakeville North
Lakeville South*
Little Falls
Mahtomedi
Maple Grove*
Mesabi East
Minneapolis South
Minnetonka*
Mora*
Mound Westonka*
Orono
Osseo*
Park Center
Prior Lake*
Proctor/Hermantown
Richfield*
Rogers*
Roseville
Saint Louis Park
Spring Lake Park/St Anthony
St Cloud Apollo*
St Cloud Cathedral/Sartell
St Cloud Technical
St Paul Central*
St Paul Highland Park*
Stillwater*
Tartan*
Visitation
Wayzata
Winona/Cotter*

Silver Teams - Boys

Anoka
Bemidji
Benilde-St Margaret's
Bloomington Jefferson
Burnsville
Coon Rapids
Duluth Denfeld
Eagan
Eden Prairie
Ely
Hibbing
Irondale
Lakeville North
Little Falls
Mahtomedi
Mesabi East
Minneapolis Patrick Henry
Minneapolis South
Mounds View
Orono
Park Center
Proctor/Hermantown
Saint Louis Park
Spring Lake Park/St Anthony
St Cloud Cathedral/Sartell
Wayzata
Willmar

Silver Teams - Girls

Coon Rapids
Minnehaha
St Paul Academy & Summit School
Two Harbors
Willmar

All-State Academic Girls

Maddie McKeefry	Andover	Sarah Wigfield	Mounds View
Destiny Schultz	Anoka	Katie Linder	Mound Westonka
Heather Jensen	Anoka	Mackenzie Strehle	Mound Westonka
Anna Nachbor	Armstrong	Laura Nicholson	Mounds Park Academy
California Thorson	Bemidji	Tessa Rykken	Prior Lake
Maari Stocker	Bemidji	Anna VanDeelen	Proctor/Hermantown
Alexa Groenke	Bloomington Jefferson	Madeline Bremel	Proctor/Hermantown
Jessica Wachtler	Bloomington Jefferson	Erin Brault	Richfield
Katie Montgomery	Brainerd	Jennie Lynch	Richfield
Emily Castanias	Chanhassen	Hannah Yaglowksi	Richfield
Katie Kiecker	Coon Rapids	Brittney Dorn	Rogers
Kelcy Huston	Duluth Denfeld	Madison Anderson	Rogers
Ashley Herman	Duluth East	Emily Dyson	Roseville
Sophie Schude	Duluth East	Emma Bradt	Spring Lake Park/St Anthony
Sarah Curran	Duluth East	Martha Torstenson	St Paul Central
Katie Allen	Duluth East	Meishan Roen	St Paul Central
Kaley Hedberg	Eastview/Apple Valley	Brooke Rogers	St Paul Central
Eryn Stewart	Eden Prairie	Elowyn Pfeiffer	St Paul Highland Park
Jessica Bentley	Edina	Lydia Newman-Heggie	St Paul Highland Park
Lindsey Kemp	Edina	Haley Beech	Stillwater
Samantha Peterson	Edina	Vessa Pearsall	Stillwater
Breck Hickman	Elk River	Allison Barrera	Tartan
Joey Martin	Elk River	Michelle Johnson	Tartan
Clara DeRemee	Ely	Shaelyn Sorensen	Tartan
Solveig Viren	Grand Rapids	Marta Seitz	Visitation
Ella Dahlin	Holy Family	Mackenzie Keller-Miller	Wayzata
Laura Jankowski	Irondale		
Sarah Tokos	Irondale		
Jessica Rebeschke	Lakeville North		
Alexis Freiesenhahn	Lakeville South		
Carley Endersbe	Lakeville South		
Erin Kilbride	Lakeville South		
Libbey Endersbe	Lakeville South		
Kaitlin Geisenhof	Little Falls		
Maria Hauer	Little Falls		
Laura Moore	Mahtomedi		
Kendall Johnson	Maple Grove		
Ali Bodensteiner	Maple Grove		
Stephanie Madzey	Mesabi East		
Laura Turner	Minneapolis South		
Olivia Strebe	Minneapolis South		
Shira Breen	Minneapolis South		
Bethany Coop	Mora		
Paige Larson	Mora		
Ashlee Forslund	Mora		

All-State Academic Boys

Lucas Hieb	Andover
Jon Delaney	Armstrong
Martin Jarzyna	Armstrong
Spencer Buchanan	Bloomington Jefferson
Sam Guida	Brainerd
Nick Tomhave	Cloquet-Esko-Carlton
Jace Anderson	Cloquet-Esko-Carlton
Gabe Graves	Cloquet-Esko-Carlton
Marshal Landrum	Como Park
Larsen Kronstad	Coon Rapids
Hans Slade	Duluth Denfeld
Charlie Bray	Duluth East
Patrick Buffington	Duluth East
Brady Mavitz	Eagan
Peter Illig	Edina
Syver Johansen	Edina
Connor Hussey	Edina
Matthew Dulas	Edina
Zack Benning	Hastings
Brett Struthers	Holy Family
Wilson Roen	Holy Family
Mitch Miller	Lakeville South
Matt Freeman	Mahtomedi
Jacob Endres	Maple Grove
Ryan Fix	Maple Grove
Ryan Peterson	Maple Grove
Riley Nelson	Minnetonka
Barry Schultz	Mora
Rudy Rice	Mound Westonka
Kethan Dahlberg	Mounds Park Academy
Nick Gardner	Mounds Park Academy
Derek Meyer	Orono
Adam Berkowitz	Osseo
Zachary Wright	Prior Lake
Jake Beaudet	Richfield
Zack Coughlin	Richfield
Ben Nygaard	Richfield
Matt Briese	St Cloud Apollo
Alex Logeman	St Cloud Apollo
Josh Hemelgarn	Tartan
Garrett Johnson	Tartan
Owen Cruikshank	Two Harbors
Alex Janning	Willmar
Alex Stockhausen	Winona/Cotter