

Overall Finish List**Boys****AM Varsity Boys 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	100	8774	Zaine Braaten	Moorhead	10	17:27.3	3:29/K
2	99	8745	David Ronnevik	Fergus Falls	9	18:00.8	3:36/K
3	98	8520	Ryan Bergum	Detroit Lakes	12	18:03.1	3:37/K
4	97	8519	John Bergum	Detroit Lakes	12	18:13.5	3:39/K
5	96	8775	Elijah Harvala	Moorhead	12	18:27.1	3:41/K
6	95	8776	Max Rogers	Moorhead	11	19:14.4	3:51/K
7	94	8524	Jacob Trout	Detroit Lakes	12	20:12.7	4:03/K
8	93	8785	Kolton Doucette	Moorhead	11	20:51.0	4:10/K
9	92	8780	Evan Mickelson	Moorhead	12	20:54.3	4:11/K
10	91	8746	Anders Anthonisen-Brown	Fergus Falls	11	21:17.8	4:16/K
11	90	8782	Jack Eisenzimmer	Moorhead	12	21:32.0	4:18/K
12	89	8747	Luke Schroeder	Fergus Falls	11	21:34.8	4:19/K
13	88	8778	Nate Helgeson	Moorhead	11	21:44.6	4:21/K
14	87	8777	Trygve Rux	Moorhead	11	21:47.4	4:21/K
15	86	8526	Zac Carlson	Detroit Lakes	10	21:56.5	4:23/K
16	85	8779	Frederic Hauge	Moorhead	11	22:03.1	4:25/K
17	84	8783	Denis Ishnekov	Moorhead	12	22:22.8	4:29/K
18	83	8781	Josh Lemke	Moorhead	9	22:37.8	4:32/K
19	82	8748	Thomas Erickson	Fergus Falls	8	22:44.1	4:33/K
20	81	8750	Micah Mouser	Fergus Falls	7	22:48.4	4:34/K
21	80	8749	Kolsen Papon	Fergus Falls	12	23:28.6	4:42/K
22	79	8784	Aiden Greiff	Moorhead	10	23:45.8	4:45/K
23	78	8752	Oliver Thorson	Fergus Falls	10	23:47.6	4:46/K
24	77	8751	Logan Bredenberg	Fergus Falls	8	26:21.3	5:16/K

Final Team Results**Boys****AM Varsity Boys 5K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Points</u>	<u>Cumulative Points</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Moorhead				Finish Position - 1			
Team Score (points): 384				Average Time: 18:59.9			
1	8774 Zaine Braaten	10	100	100	17:27.3	17:27.3	0:00.0
2	8775 Elijah Harvala	12	96	196	18:27.1	35:54.4	0:59.8
3	8776 Max Rogers	11	95	291	19:14.4	55:08.8	1:47.1
4	8785 Kolton Doucette	11	93	384	20:51.0	1:15:59.8	3:23.7
5	8780 Evan Mickelson	12	(92)	476	20:54.3	1:36:54.1	3:27.0
6	8782 Jack Eisenzimmer	12	(90)	566	21:32.0	1:58:26.1	4:04.7
7	8778 Nate Helgeson	11	(88)	654	21:44.6	2:20:10.7	4:17.3
8	8777 Trygve Rux	11	(87)	741	21:47.4	2:41:58.1	4:20.1
9	8779 Frederic Hauge	11	(85)	826	22:03.1	3:04:01.2	4:35.8
10	8783 Denis Ishnekov	12	(84)	910	22:22.8	3:26:24.0	4:55.5
11	8781 Josh Lemke	9	(83)	993	22:37.8	3:49:01.8	5:10.5
12	8784 Aiden Greiff	10	(79)	1072	23:45.8	4:12:47.6	6:18.5
Team - Detroit Lakes				Finish Position - 2			
Team Score (points): 375				Average Time: 19:36.4			
1	8520 Ryan Bergum	12	98	98	18:03.1	18:03.1	0:00.0
2	8519 John Bergum	12	97	195	18:13.5	36:16.6	0:10.4
3	8524 Jacob Trout	12	94	289	20:12.7	56:29.3	2:09.6
4	8526 Zac Carlson	10	86	375	21:56.5	1:18:25.8	3:53.4
Team - Fergus Falls				Finish Position - 3			
Team Score (points): 361				Average Time: 20:54.3			
1	8745 David Ronnevik	9	99	99	18:00.8	18:00.8	0:00.0
2	8746 Anders Anthonisen-Brown	11	91	190	21:17.8	39:18.6	3:17.0
3	8747 Luke Schroeder	11	89	279	21:34.8	1:00:53.4	3:34.0
4	8748 Thomas Erickson	8	82	361	22:44.1	1:23:37.5	4:43.3
5	8750 Micah Mouser	7	(81)	442	22:48.4	1:46:25.9	4:47.6
6	8749 Kolsen Papon	12	(80)	522	23:28.6	2:09:54.5	5:27.8
7	8752 Oliver Thorson	10	(78)	600	23:47.6	2:33:42.1	5:46.8
8	8751 Logan Bredenberg	8	(77)	677	26:21.3	3:00:03.4	8:20.5

Overall Finish List**Girls****AM Varsity Girls 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	100	8793	Abbie Ishaug	Moorhead	10	1:20:27.4	16:05/K
2	99	8794	Siri Overturf	Moorhead	11	1:21:11.0	16:14/K
3	98	8795	Kennedy Olson	Moorhead	10	1:21:36.5	16:19/K
4	97	8800	Izzy Kupitz	Moorhead	9	1:22:12.0	16:26/K
5	96	8759	Annie Mayer	Fergus Falls	8	1:22:13.7	16:27/K
6	95	8735	Anna Askelson	Detroit Lakes	9	1:22:14.1	16:27/K
7	94	8796	Ava Nelson	Moorhead	10	1:22:47.1	16:33/K
8	93	8736	Kira Wolf	Detroit Lakes	10	1:23:22.0	16:40/K
9	92	8797	Jamie Raske	Moorhead	11	1:23:31.1	16:42/K
10	91	8799	Julia Smithmeyer	Moorhead	10	1:23:49.2	16:46/K
11	90	8801	Chloe Pesek	Moorhead	9	1:23:55.6	16:47/K
12	89	8738	Madi Gerdes	Detroit Lakes	11	1:24:20.8	16:52/K
13	88	8764	Alexis Wellman	Fergus Falls	8	1:24:32.1	16:54/K
14	87	8762	Ahlea Mouser	Fergus Falls	9	1:24:39.2	16:56/K
15	86	8798	Ellie Retzer	Moorhead	10	1:24:43.5	16:57/K
16	85	8739	Lexi Gerdes	Detroit Lakes	11	1:24:44.8	16:57/K
17	84	8737	Julia Steffl	Detroit Lakes	10	1:24:48.0	16:58/K
18	83	8760	Sarah Grotberg	Fergus Falls	9	1:24:48.4	16:58/K
19	82	8763	Anna Erickson	Fergus Falls	11	1:26:10.9	17:14/K
20	81	8761	Naomi Dummer	Fergus Falls	9	1:26:23.2	17:17/K
21	80	8740	Katie McKonkey	Detroit Lakes	12	1:27:03.1	17:25/K
22	79	8766	Hannah Scharnberg	Fergus Falls	8	1:27:23.6	17:29/K
23	78	8765	Olivia Swanson	Fergus Falls	8	1:28:02.6	17:37/K
24	77	8802	Keena Watson	Moorhead	9	1:28:06.9	17:37/K
25	76	8711	Lexi Lundeen	Detroit Lakes		1:29:23.4	17:53/K

Final Team Results**Girls****AM Varsity Girls 5K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Points</u>	<u>Cumulative Points</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Moorhead				Finish Position - 1			
Team Score (points): 394				Average Time: 1:21:21.8			
1	8793 Abbie Ishaug	10	100	100	1:20:27.4	1:20:27.4	0:00.0
2	8794 Siri Overturf	11	99	199	1:21:11.0	2:41:38.5	0:43.6
3	8795 Kennedy Olson	10	98	297	1:21:36.5	4:03:15.1	1:09.1
4	8800 Izzy Kupitz	9	97	394	1:22:12.0	5:25:27.2	1:44.6
5	8796 Ava Nelson	10	(94)	488	1:22:47.1	6:48:14.4	2:19.7
6	8797 Jamie Raske	11	(92)	580	1:23:31.1	8:11:45.5	3:03.7
7	8799 Julia Smithmeyer	10	(91)	671	1:23:49.2	9:35:34.8	3:21.8
8	8801 Chloe Pesek	9	(90)	761	1:23:55.6	10:59:30.5	3:28.2
9	8798 Ellie Retzer	10	(86)	847	1:24:43.5	12:24:14.1	4:16.1
10	8802 Keena Watson	9	(77)	924	1:28:06.9	13:52:21.1	7:39.5
Team - Detroit Lakes				Finish Position - 2			
Team Score (points): 362				Average Time: 1:23:40.5			
1	8735 Anna Askelson	9	95	95	1:22:14.1	1:22:14.1	0:00.0
2	8736 Kira Wolf	10	93	188	1:23:22.0	2:45:36.2	1:07.9
3	8738 Madi Gerdes	11	89	277	1:24:20.8	4:09:57.1	2:06.7
4	8739 Lexi Gerdes	11	85	362	1:24:44.8	5:34:42.0	2:30.7
5	8737 Julia Steffl	10	(84)	446	1:24:48.0	6:59:30.1	2:33.9
6	8740 Katie McKonkey	12	(80)	526	1:27:03.1	8:26:33.2	4:49.0
7	8711 Lexi Lundeen		(76)	602	1:29:23.4	9:55:56.7	7:09.3
Team - Fergus Falls				Finish Position - 3			
Team Score (points): 354				Average Time: 1:24:03.4			
1	8759 Annie Mayer	8	96	96	1:22:13.7	1:22:13.7	0:00.0
2	8764 Alexis Wellman	8	88	184	1:24:32.1	2:46:45.9	2:18.4
3	8762 Ahlea Mouser	9	87	271	1:24:39.2	4:11:25.2	2:25.5
4	8760 Sarah Grotberg	9	83	354	1:24:48.4	5:36:13.7	2:34.7
5	8763 Anna Erickson	11	(82)	436	1:26:10.9	7:02:24.7	3:57.2
6	8761 Naomi Dummer	9	(81)	517	1:26:23.2	8:28:47.9	4:09.5
7	8766 Hannah Scharnberg	8	(79)	596	1:27:23.6	9:56:11.6	5:09.9
8	8765 Olivia Swanson	8	(78)	674	1:28:02.6	11:24:14.3	5:48.9

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<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	100	8734	Casey Parks	Detroit Lakes	11	1:09:12.2	19:46/K
2	99	8754	Jackson Lysne	Fergus Falls	9	1:09:35.9	19:53/K
3	98	8753	Ben Schierer	Fergus Falls	11	1:09:45.5	19:56/K
4	97	8732	Evan Thomas	Detroit Lakes	10	1:09:55.3	19:59/K
5	96	8787	Garret Biby	Moorhead	9	1:09:59.4	20:00/K
6	95	8757	Nicholas Flugstad	Fergus Falls	11	1:10:00.9	20:00/K
7	94	8790	Cole Darling	Moorhead	10	1:10:10.9	20:03/K
8	93	8788	Hunter Mickelson	Moorhead	9	1:10:40.3	20:12/K
9	92	8733	Dawson Fagerlie	Detroit Lakes	12	1:11:01.2	20:18/K
10	91	8791	Kaleb Johnson	Moorhead	9	1:11:53.9	20:33/K
11	90	8789	Fletcher Biby	Moorhead	12	1:12:07.7	20:37/K
12	89	8756	Dillen Jaros	Fergus Falls	11	1:12:21.9	20:41/K
13	88	8755	Alex Lindgren	Fergus Falls	11	1:12:55.0	20:50/K
14	87	8770	Braden Bucher	Fergus Falls	8	1:12:56.6	20:50/K
15	86	8758	Kristian Fransen	Fergus Falls	8	1:13:45.7	21:05/K
16	85	8792	Coltrane Deshayes	Moorhead	9	1:14:42.7	21:21/K

Final Team Results**Boys****AM Junior Varsity Boys 3.5K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Points</u>	<u>Cumulative Points</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Fergus Falls				Finish Position - 1			
Team Score (points): 381				Average Time: 1:10:26.1			
1	8754 Jackson Lysne	9	99	99	1:09:35.9	1:09:35.9	0:00.0
2	8753 Ben Schierer	11	98	197	1:09:45.5	2:19:21.5	0:09.6
3	8757 Nicholas Flugstad	11	95	292	1:10:00.9	3:29:22.5	0:25.0
4	8756 Dillen Jaros	11	89	381	1:12:21.9	4:41:44.4	2:46.0
5	8755 Alex Lindgren	11	(88)	469	1:12:55.0	5:54:39.5	3:19.1
6	8770 Braden Bucher	8	(87)	556	1:12:56.6	7:07:36.2	3:20.7
7	8758 Kristian Fransen	8	(86)	642	1:13:45.7	8:21:21.9	4:09.8
Team - Moorhead				Finish Position - 2			
Team Score (points): 374				Average Time: 1:10:41.2			
1	8787 Garret Biby	9	96	96	1:09:59.4	1:09:59.4	0:00.0
2	8790 Cole Darling	10	94	190	1:10:10.9	2:20:10.4	0:11.5
3	8788 Hunter Mickelson	9	93	283	1:10:40.3	3:30:50.8	0:40.9
4	8791 Kaleb Johnson	9	91	374	1:11:53.9	4:42:44.7	1:54.5
5	8789 Fletcher Biby	12	(90)	464	1:12:07.7	5:54:52.5	2:08.3
6	8792 Coltrane Deshayes	9	(85)	549	1:14:42.7	7:09:35.3	4:43.3
Team - Detroit Lakes				Finish Position - Inc.			
Team Score (points): Inc.				Average Time:			
1	8734 Casey Parks	11	100	100	1:09:12.2	1:09:12.2	0:00.0
2	8732 Evan Thomas	10	97	197	1:09:55.3	2:19:07.6	0:43.1
3	8733 Dawson Fagerlie	12	92	289	1:11:01.2	3:30:08.9	1:49.0

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<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	100	8808	Courtney Haberer	Moorhead	9	15:12.0	4:21/K
2	99	8805	Vayda Viker	Moorhead	9	15:17.7	4:22/K
3	98	8803	Anna Waldron	Moorhead	9	15:33.2	4:27/K
4	97	8806	Ella Peterson	Moorhead	9	15:39.2	4:28/K
5	96	8807	Kadence Geraghty	Moorhead	11	15:42.6	4:29/K
6	95	8810	Danika Schlicting	Moorhead	9	15:44.5	4:30/K
7	94	8813	Alayna Janke	Moorhead	9	15:46.0	4:30/K
8	93	8804	Anna Biby	Moorhead	11	15:50.4	4:32/K
9	92	8773	Estee VerSteege	Fergus Falls	7	16:35.6	4:44/K
10	91	8811	Megan Wilke	Moorhead	11	16:46.0	4:47/K
11	90	8743	Cora Martin	Detroit Lakes	11	17:25.6	4:59/K
12	89	8772	Libby Lindgren	Fergus Falls	8	18:04.0	5:10/K
13	88	8812	Avery St. Louis	Moorhead	9	18:16.9	5:13/K
14	87	8816	Amari Nelson	Moorhead	9	18:22.9	5:15/K
15	86	8809	Shelby Tooz	Moorhead	11	18:28.6	5:17/K
16	85	8742	Carlee Zurn	Detroit Lakes	8	18:40.4	5:20/K
17	84	8767	Alyssa Wagner	Fergus Falls	8	18:45.1	5:21/K
18	83	8744	Siri Vagle	Detroit Lakes	11	19:47.7	5:39/K
19	82	8815	Kylie Nyhlen	Moorhead	9	21:11.1	6:03/K
20	81	8817	Greta Bjorklund	Moorhead	9	22:40.2	6:29/K
21	80	8818	Brynn Saarion	Moorhead	9	23:45.2	6:47/K
22	79	8771	Kacey Fredrickson	Fergus Falls	11	23:57.0	6:51/K

Final Team Results**Girls****AM Junior Varsity Girls 3.5K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Points</u>	<u>Cumulative Points</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Moorhead				Finish Position - 1			
Team Score (points): 394				Average Time: 15:25.5			
1	8808 Courtney Haberer	9	100	100	15:12.0	15:12.0	0:00.0
2	8805 Vayda Viker	9	99	199	15:17.7	30:29.7	0:05.7
3	8803 Anna Waldron	9	98	297	15:33.2	46:02.9	0:21.2
4	8806 Ella Peterson	9	97	394	15:39.2	1:01:42.1	0:27.2
5	8807 Kadence Geraghty	11	(96)	490	15:42.6	1:17:24.7	0:30.6
6	8810 Danika Schlicting	9	(95)	585	15:44.5	1:33:09.2	0:32.5
7	8813 Alayna Janke	9	(94)	679	15:46.0	1:48:55.2	0:34.0
8	8804 Anna Biby	11	(93)	772	15:50.4	2:04:45.6	0:38.4
9	8811 Megan Wilke	11	(91)	863	16:46.0	2:21:31.6	1:34.0
10	8812 Avery St. Louis	9	(88)	951	18:16.9	2:39:48.5	3:04.9
11	8816 Amari Nelson	9	(87)	1038	18:22.9	2:58:11.4	3:10.9
12	8809 Shelby Tooz	11	(86)	1124	18:28.6	3:16:40.0	3:16.6
13	8815 Kylie Nyhlen	9	(82)	1206	21:11.1	3:37:51.1	5:59.1
14	8817 Greta Bjorklund	9	(81)	1287	22:40.2	4:00:31.3	7:28.2
15	8818 Brynn Saarion	9	(80)	1367	23:45.2	4:24:16.5	8:33.2
Team - Fergus Falls				Finish Position - 2			
Team Score (points): 344				Average Time: 19:20.4			
1	8773 Estee VerSteeg	7	92	92	16:35.6	16:35.6	0:00.0
2	8772 Libby Lindgren	8	89	181	18:04.0	34:39.6	1:28.4
3	8767 Alyssa Wagner	8	84	265	18:45.1	53:24.7	2:09.5
4	8771 Kacey Fredrickson	11	79	344	23:57.0	1:17:21.7	7:21.4
Team - Detroit Lakes				Finish Position - Inc.			
Team Score (points): Inc.				Average Time:			
1	8743 Cora Martin	11	90	90	17:25.6	17:25.6	0:00.0
2	8742 Carlee Zurn	8	85	175	18:40.4	36:06.0	1:14.8
3	8744 Siri Vagle	11	83	258	19:47.7	55:53.7	2:22.1