

MESABI EAST X-C INVITATIONAL  
INFORMATIONAL SHEET  
SATURDAY, JANUARY 6<sup>TH</sup>, 2024

**PLEASE READ ALL THE INFORMATION VERY CAREFULLY! DEADLINE 01/01/24 @ 7:00 pm. NO EXCEPTIONS ON DEADLINE – TEAMS HAVE BEEN REFUSED – 1000 RACERS ONLY!**

**\*\*TWO RACES THIS YEAR: MESABI EAST INVITE FOR ALL SCHOOLS AFFILIATED WITH MSHSL  
GIANTS RIDGE INVITE FOR OUT OF STATE SKI CLUBS & MN SKI CLUBS**

BIB PICK UP: Friday, January 5<sup>th</sup> 3:00 pm – 7:00 pm  
Saturday, Jan.6<sup>th</sup> 6:30 am – **8:00 am**  
All bib packets must be picked up before Coaches Meeting  
**In the Chalet – Admissions – Ground floor entrance**

COACHES MEETING: **8:30 am** in the **Chalet – Burnt Onion Restaurant – 2<sup>nd</sup> floor**

APPROX. START TIME: (Times are subject to change)

10:00	5K Classic	Mesabi East Invite	Varsity/Boys & Girls
10:45	5K Classic	Mesabi East Invite	JV Boys/Girls
11:15	5K Classic	Giants Ridge Invite	Varsity/Boys & Girls
11:45	5K Classic	Giants Ridge Invite	JV Boys/Girls
1:00	5K Freestyle	Mesabi East Invite	Varsity Boys/Girls
1:45	5K Freestyle	Mesabi East Invite	JV Boys/Girls
2:15	5K Freestyle	Giants Ridge Invite	Varsity Boys/Girls
2:45	5K Freestyle	Giants Ridge Invite	JV Boys/Girls

4:15 Awards in Stadium

**MSHSL – STATE COURSE for both CLASSIC & FREESTYLE**

ENTRY FEE: **\$16.00 per skier – check payable to: GIANTS RIDGE  
PLEASE CONTACT YOUR SCHOOL TO ISSUE CHECK NOW**

**A Giants Ridge Waiver must be signed for each skier participating – we prefer you use the electronic waiver. Here is the waiver link:**

<https://waivers.edgeauditor.com/auto-setup/giant/auqz89>

Absolutely all payments must be made on 01/06/24.

Any team not paid on race day will not be qualified to race – NO EXCEPTIONS ALLOWED!

If the school check has not arrived, it will be the coach's responsibility to pay for the racers.

**There will be no cash back for incorrect check amounts.**

**If your school wants to pay electronically – please Call Karen at Giants Ridge**

**218-865-8008.**

ENTRIES DUE: All entries are due Jan 01, 2024 @ 7:00 pm. All racers must be registered on-line at – <https://www.superiortiming.com/Mesabi>. NO EXCEPTIONS! NO ONE WILL BE ALLOWED TO REGISTER THE DAY OF THE RACES – scratches/name changes can be made on Friday from 3:00 pm – 7:00 pm and Saturday from 6:30 am – 8:00 am – Only! ABSOLUTELY NO ADDITIONS CAN BE MADE.

E-MAIL REGISTRATION TO: Forms can be found on: <https://www.superiortiming.com/Mesabi>  
Contact person: Sam Graci – Superior Timing  
Superior Timing will have start lists & other information – [www.Superiortiming.com](http://www.Superiortiming.com) or e-mail [info@superiortiming.com](mailto:info@superiortiming.com).  
Payment will be due Fri/Sat at Giants Ridge – registration

ENTRIES: 3 Varsity Boys Classic, 3 Varsity Boys Skate  
3 Varsity Girls Classic, 3 Varsity Girls Skate  
2 JV Boys Classic, 2 JV Boys Skate  
2 JV Girls Classic, 2 JV Girls Skate  
Total per school: 10 Boys – 10 Girls

NOTE: YOU MUST INDICATE WHICH TECHNIQUE EACH SKIER IS RACING ON THE TEAM ROSTER! PLEASE DO NOT FORGET.  
WE WILL BE SENDING OUT 2 RACERS EVERY 15 SECONDS.  
INEXPERIENCED JV SKIERS SHOULD PROBABLY BE IN THE CLASSIC RACE.

RESULTS: Results will be posted on [www.superiortiming.com](http://www.superiortiming.com) and [www.skinnyski.com](http://www.skinnyski.com)

TRAIL PASSES: All skiers using the trails must wear Racer's Bibs or trail passes.  
All non-racing team members on the trail must have a trail pass. Passes can be purchased at the front desk in the Ski Chalet – **rate is \$16.00.**

**Anyone training on Friday must purchase a trail pass.**

SPECTATOR AREAS: There is good access to spectator areas around the Stadium and on the Laurentian Trail. However, trail passes are required of anyone on skis for access on any trail. **NO FOOT TRAFFIC ALLOWED ON THE RACE COURSE!** Access to the race course is limited to coaches and racers only. When each race starts **only the athletes racing should be on the course –No Coaches or skiers warming up for the next race.** There are plenty of trails to warm up on at Giants Ridge other than the race course.

COMPETITION: Chief of Race: Benji Neff  
Chief of Course: Todd Roswold  
Jury: John Filander, Mark Boback, Benji Neff  
Technical Director: John Filander

WAXING: Waxing will be available (Fri/Sat)  
Golf Maint. Bldg will be open  
for waxing. **“Golf Maint. Bldg closes at 8:00 pm”**.

RESTROOMS: There are public restrooms in the Chalet, one each in  
the lower level of The Lodge, and portable restrooms in  
the Stadium Area and at waxing area.

T-SHIRTS: Mesabi East Invite Shirts will be for sale in the stadium -  
Hosted by the ME Booster Club. Info to follow.

SPAGHETTI FEED: The Mesabi East Nordic Club is sponsoring a  
Spaghetti feed for the ski teams on Friday night.  
Sign up sheet is attached.  
E-mail Deb @ [pepsichallenge@giantsridge.com](mailto:pepsichallenge@giantsridge.com).

INFORMATION: Contact Benji Neff @ 218-865-8032 or 1-800-688-7669,  
ext 8032. If you know of any coach/team  
that has not received this info, please have them call  
immediately. e-mail: [benji.neff@giantsridge.com](mailto:benji.neff@giantsridge.com) or  
[pepsichallenge@giantsridge.com](mailto:pepsichallenge@giantsridge.com).

AWARDS: The top three (3) skiers in each race (Varsity & Jr. Var.  
boy's & girl's) will receive a medal and skiers placing 4<sup>th</sup>  
– 10<sup>th</sup> will receive ribbons.  
The top three (3) teams (Varsity & Jr. Var. boy's & girl's)  
will receive individual medals.  
The top team – 1<sup>st</sup> place (Varsity – boy's & girl's) will  
receive a trophy.