

The Second Annual

“OVER THE RIVER AND December 20th, 2008 Woodland Trails, Elk River THROUGH THE WOODS” RACE

20 km Course

Winning Time: 1:02:21

2 Outer Loops

Conditions: 18 Degrees, Fresh (and Falling) Snow

Place	First Name	Last Name	Bib	M/F	Age	Split 1	Split 2	Total	% Back
1	Bjorn	Batdorf	9	M	18-29	0:32:55	0:29:26	1:02:21	0.00%
2	Caitlin	Compton	55	F	18-29	0:32:56	0:29:29	1:02:25	0.11%
3	Derek	Wallen	17	M	18-29	0:32:51	0:29:38	1:02:29	0.21%
4	Andrew	Schakel	19	M	30-39	0:33:36	0:30:17	1:03:53	2.46%
5	David S.	Anderson	7	M	18-29	0:33:37	0:30:19	1:03:56	2.54%
6	Jakob	Wartman	6	M	18-29	0:33:36	0:30:38	1:04:14	3.02%
7	Zachary	Hander	73	M	30-39	0:33:34	0:31:16	1:04:50	3.98%
8	Jay	Wenner	26	M	40-49	0:34:27	0:31:34	1:06:01	5.88%
9	Scott	Ellertson	28	M	40-49	0:34:28	0:31:33	1:06:01	5.88%
10	Alec	Steward	13	M	18-29	0:34:33	0:31:53	1:06:26	6.55%
11	Andrew	Rishavy	74			0:35:16	0:32:05	1:07:21	8.02%
12	Andrew	Brown	3	M	18-29	0:35:25	0:32:01	1:07:26	8.15%
13	Tom	Kreuz	61	M		0:34:29	0:33:02	1:07:31	8.29%
14	Dave	Bridges	32	M	40-49	0:35:20	0:33:42	1:09:02	10.72%
15	Justin	Pavlish	14	M	18-29	0:35:55	0:33:28	1:09:23	11.28%
16	Mary Beth	Tuttle	58	F	40-49	0:36:08	0:33:17	1:09:25	11.33%
17	Ari	Ofsevit	67	M		0:36:26	0:33:00	1:09:26	11.36%
18	Gary	Johnson	27	M	40-49	0:36:26	0:33:10	1:09:36	11.63%
19	James	Schultz	25	M	40-49	0:36:28	0:33:09	1:09:37	11.65%
20	Michael	Kosowski	8	M	18-29	0:35:15	0:34:24	1:09:39	11.71%
21	Sam	Oftedahl	12	M	18-29	0:36:25	0:33:16	1:09:41	11.76%
22	Pat	Lorentz	68	M	18-29	0:37:11	0:33:12	1:10:23	12.88%
23	Jeff	Evanson	21	M	40-49	0:36:29	0:34:33	1:11:02	13.93%
24	Brad	Bart	24	M	40-49	0:37:14	0:34:19	1:11:33	14.76%
25	Danny	Kueffer	10	M	18-29	0:37:12	0:34:35	1:11:47	15.13%
26	Eric	Boyles	2	M	18-29	0:37:46	0:34:20	1:12:06	15.64%
27	Angie	Robinson	57	F	40-49	0:37:10	0:35:00	1:12:10	15.74%
28	Adam	Johnson	4	M	18-29	0:36:34	0:35:39	1:12:13	15.82%
29	Craig	Stolen	75	M	30-39	0:37:36	0:34:44	1:12:20	16.01%
30	Steven	Gromatka	5	M	18-29	0:38:10	0:34:28	1:12:38	16.49%
31	Mark	Rathbun	33	M	40-49	0:37:59	0:35:17	1:13:16	17.51%
32	Clayton	Keim	11	M	18-29	0:38:41	0:34:41	1:13:22	17.67%
33	Jim	Williams	23	M	40-49	0:38:33	0:35:00	1:13:33	17.96%
34	Cheryl	DuBois	59	F	40-49	0:38:32	0:35:17	1:13:49	18.39%
35	Todd	Nesvold	20	M	40-49	0:38:57	0:35:19	1:14:16	19.11%
36	Brett	Arenz	18	M	18-29	0:38:36	0:35:56	1:14:32	19.54%
37	John	Hopkins	64	M		0:38:35	0:36:23	1:14:58	20.24%
38	Ingrid	Olson	54	F	18-29	0:39:30	0:37:49	1:17:19	24.00%
39	Kevin	Ivens	30	M	40-49	0:38:55	0:39:11	1:18:06	25.26%

40	Joseph	Mundenar	29	M	40-49	0:41:13	0:37:50	1:19:03	26.78%
41	Kevin	Olson	45	M		0:40:54	0:38:56	1:19:50	28.04%
42	Duane	Phinney	35	M	50-59	0:41:46	0:38:21	1:20:07	28.50%
43	Dave	Kallemeyn	47	M		0:41:48	0:40:22	1:22:10	31.78%
44	Ron	Lowrie	37	M	50-59	0:42:33	0:40:23	1:22:56	33.01%
45	Frank	Lederla	65	M		0:43:14	0:40:47	1:24:01	34.75%
46	Rich	Spielberg	36	M	50-59	0:44:13	0:42:46	1:26:59	39.51%
47	Nicholas	Gray	16	M	18-29	0:44:16	0:43:29	1:27:45	40.74%
48	Tom	Bengel	39	M	50-59	0:44:38	0:44:31	1:29:09	42.98%
49	Robert A	Nesvold	44	M	60-69	0:46:29	0:43:53	1:30:22	44.93%
50	Bob	Woodruff	62	M		0:46:28	0:44:03	1:30:31	45.18%
51	Jessica	Wilson	56	F	30-39	0:46:41	0:44:15	1:30:56	45.84%
52	Chad	Murphy	22	M	40-49	0:46:53	0:47:53	1:34:46	51.99%
53	Beth	Guck	60	F	50-59	0:48:32	0:47:05	1:35:37	53.35%
54	Helena	Keller	52	F	HS	0:50:31	0:46:28	1:36:59	55.55%
55	Bill	Farquhar	31	M	40-49	0:51:53	0:52:20	1:44:13	67.15%
56	Emily	Gotzsche	51	F	HS	0:55:36	0:53:00	1:48:36	74.18%
57	Lea	Bart	50	F	HS	1:00:03	0:57:42	1:57:45	88.85%
58	Holly	Stein	1	F	HS	1:04:42	1:04:11	2:08:53	106.71%

10 km Course

Winning Time: 0:35:32

1 Outer Loop
Conditions: 18 Degrees, Fresh (and Falling) Snow

Place	First Name	Last Name	Bib	M/F	Age	Time	% Back
1	Peter	Larsen	93	M	18-29	0:35:32	0.00%
2	Timothy	O'Grady	94	M	HS	0:37:29	5.49%
3	Katie	Bono	97	F	18-29	0:37:45	6.24%
4	Abe	Peterson	92	M	18-29	0:37:56	6.75%
5	Andrew	Taverna	95	M	HS	0:39:40	11.63%
6	Kory	Freeberg	91	M	18-29	0:40:14	13.23%
7	Christi	Nowak	98	F	18-29	0:41:23	16.46%
8	Andy	Jones	90	M	18-29	0:43:44	23.08%
9	Ron	Kadera	89	M	40-49	0:46:04	29.64%
10	Brett	Johnson	63	M		0:47:13	32.88%
11	Michael	Bono	88	M	50-59	0:50:05	40.95%
12	Kelly	Damrow	96	F	18-29	0:55:30	56.19%
13	Nora	Bengel	100	F	HS	0:55:53	57.27%
14	Mary	Luoma	72	F	40-49	1:05:07	83.26%

10 km Course

Winning Time: 1:02:21

1 Outer Loop
Conditions: 18 Degrees, Fresh (and Falling) Snow

Place	First Name	Last Name	Bib	M/F	Age	Time	% Back
1	Jacob	Stevens	66	M	18-29	0:42:24	0.00%
2	Brett	LaPlant	70	M	18-29	0:48:20	13.99%
3	Michael	Lyrenmann	298	M	18-29	1:01:39	45.40%
4	John Paul	Lyrenmann	300	M	18-29	1:01:58	46.15%
5	Gregory	Crane	287	M	18-29	1:03:53	50.67%
6	John	Lyrenmann	76	M		1:30:10	112.66%
7	Darwin	Elmquist	271	M	40-49	1:30:11	112.70%
8	Florian	Keller	201	M	50-59	1:53:47	168.36%
9	Lorin	Volk	71	M		1:53:47	168.36%