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FOR IMMEDIATE RELEASE

Plan a Cross Country Ski Adventure in Cook County, Minnesota

December 1, 2021 - Cook County, Minn. — Visit Cook County is excited to open the 2021-2022 cross country ski season. A pair of skis and wide-open trails is the perfect combination to relieve stress, enjoy the outdoors and get a little exercise. Visit Cook County invites cross country skiers to head north for a peaceful and fun holiday ski vacation.

“Cross country skiing is therapeutic, and it’s for everyone,” said Linda Jurek, Visit Cook County Executive Director. “Whether you are brand new to the sport or have been enjoying the benefits of skiing for decades, we welcome you to explore over 400km of beautifully-groomed trails in Cook County over the holiday season.”

Cook County, Minnesota, is one of the nation’s top cross country ski destinations – and December is the perfect time of year to get out on your skis. Skiers of all abilities will find trails to fit their experience level. With a 400 km network of beautiful, wild trails to explore, you’ll be amazed at what you might find. From perfect paths of well-groomed corduroy to more rugged backcountry trails with thigh-burning climbs, there’s truly something for everyone.

Check out [Cook County’s webcams](#) for a closer look at the snow cover across the region.

Cross country skiing is an affordable and fun adventure for the whole family. Pick up a [Minnesota Ski Pass](#) or try one of the privately maintained trails on the Gunflint Trail. You’ll be gliding through the forest in no time, filled with wonder and awe at the natural beauty and your ability to experience it all.

While you’re in Cook County, be sure to take in some fun winter events:

- January 8 - [Gunflint Mail Run](#)
- January 29 - [Norpine Fat Bike Classic](#)
- January 30-February 2 - [John Beargrease Sled Dog Marathon](#)

No gear? No problem! You can rent equipment from many local [resorts and outfitters](#) for under \$40/day. Some resorts even offer complimentary rentals with your stay.

Browse the [Cook County Trails and Maps Library](#) for detail on the wonderful trails spread throughout the entire Arrowhead region. For your convenience, georeferenced ski trail maps are available on the [Pincushion Ski Trail System](#) and the [Sugarbush Ski Trail System](#).



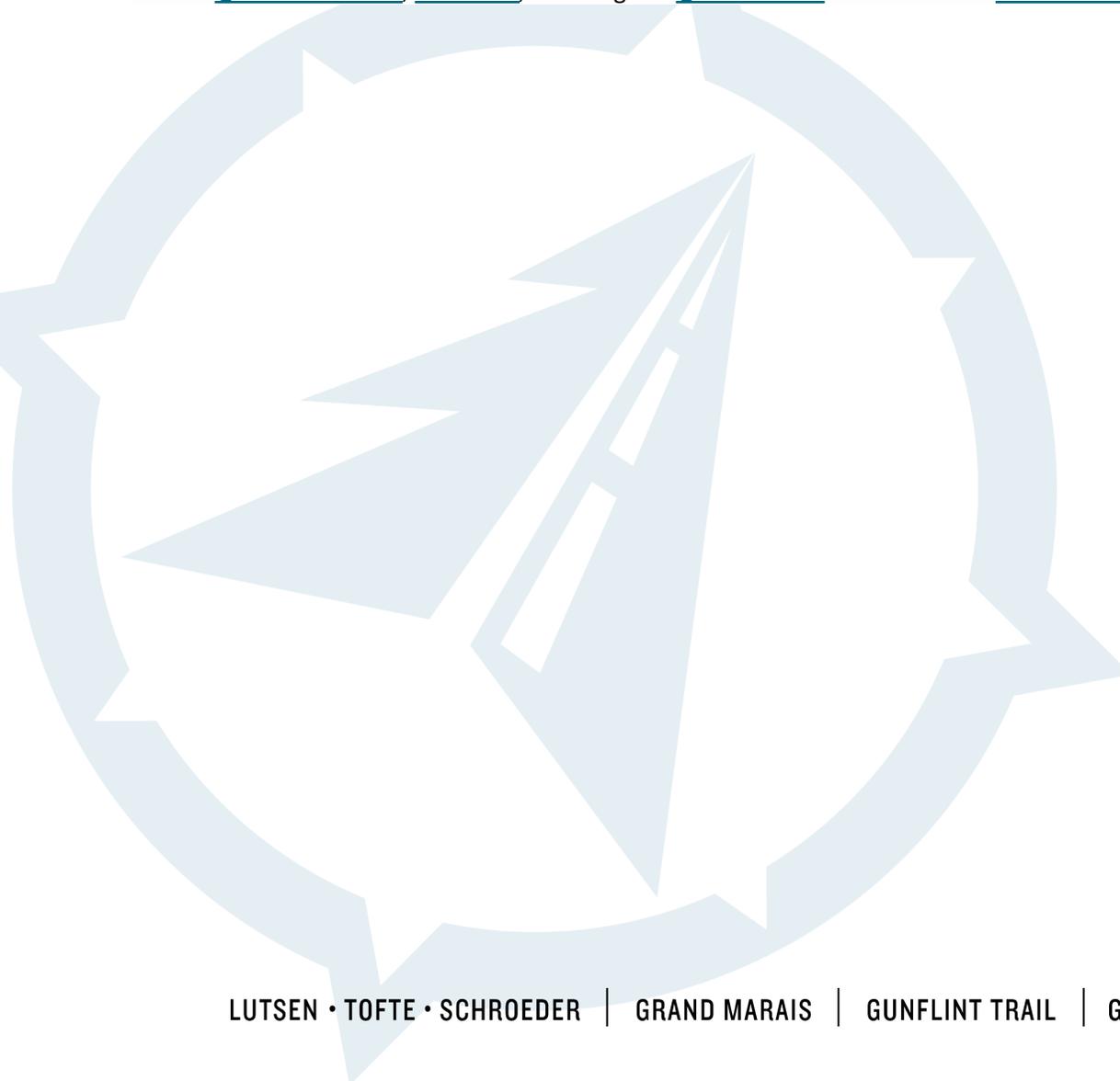
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The team at Visit Cook County looks forward to welcoming you to our region for a holiday adventure full of cross-country skiing, outdoor adventures and more. Plan your getaway and find a complete list of area trails and maps at VisitCookCounty.com/xc.

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About Visit Cook County

Visit Cook County encompasses the northeastern Minnesota communities of Lutsen, Tofte, Schroeder, Grand Marais, the Gunflint Trail and Grand Portage, commonly referred to as “the Arrowhead” and the “North Shore of Lake Superior.” Grand Marais, Minn., has earned several national accolades — most recently, it was named USA Today’s [Best Midwestern Small Town](#), Outside Magazine’s [The 16 Best Places to Live in the U.S. 2016](#), and Budget Travel’s 2015 [Coolest Small Town in America](#). Rekindle your sense of adventure by exploring the Superior National Forest or paddling through the Boundary Waters Canoe Area Wilderness. Discover what makes the communities of Cook County, Minn. “Naturally Unforgettable.” Connect on social media using #donorthmn, Twitter [@CookCoVisitors](#), [Facebook](#), or Instagram [@donorthmn](#). Learn more at VisitCookCounty.com.



LUTSEN • TOFTE • SCHROEDER | GRAND MARAIS | GUNFLINT TRAIL | GRAND PORTAGE